

NEWSLETTER



SUMMER - 21ST JULY 2026

UXBRIDGE
HIGH SCHOOL

A Message from the Principal

As I sit down to write this final message of the academic year, I do so with a sense of reflection, pride and no small amount of love for this job and this school community.



The pages that follow tell the story of a remarkable year at Uxbridge High School. From the classroom to the stage, the sports field to the exam hall, you will read about young people seizing every opportunity, supported by staff who go above and beyond for them. entwined within each of these stories are our PROUD values in action — students and staff who are Positive, Respectful, Open Minded, Unique and Determined. These are not just words on a wall; they are the gold standard by which we live and work every single day.

I have always believed that the best leaders — and the best schools — are built on authenticity. I bring my true and best self to work each morning because I love what I do, and I want every single member of this community, student and staff alike, to feel able to do the same. When people feel safe, valued and known, they flourish. That belief sits at the heart of our work on Inclusion by Design — our commitment that every child, whatever their starting point, is planned for, thought about and enabled to succeed. Creating that environment is, and will always be, my greatest privilege as your Principal.

I have genuinely loved this year. It has been full of challenge, laughter, growth and moments of real gold. But as proud as I am of all we have achieved together, I am even more excited about what lies ahead. We return in September with ambitious plans, a renewed determination to be even better than we were before, and Inclusion by Design as the golden thread running through everything we do. So thank you — to our students, staff, families, trustees and wider community — for everything you have given this year. Have a restful, joyful summer. I'll be looking forward to an even brighter golden sky over Uxbridge High School next year. With warm wishes.

Louisa Seymour

Principal

A FAREWELL TO OUR YEAR 11 STUDENTS

As the school year ends we would like to highlight the impact that the outgoing Year 11 cohort have had on our school community and how proud we are of them. We have celebrated their successes in these past few weeks with an exceptionally well-attended Laurel Leaf Awards evening and an amazing Prom night. A special mention needs to go to Tristan Gray, who gave a beautifully eloquent impromptu closing address to his peers at the end of the awards evening, with some well-thought out words that will hopefully inspire our pupils on their next stages in life.

To our departing pupils we say that this year you have demonstrated unwavering determination and resilience. You have consistently attended intervention sessions, worked hard to address areas for improvement, and approached your mock and final exams with dedication and commitment. After a year of hearing "Where's your blazer?" and "Do you have your clear pencil case?", it was brilliant to see you arrive at your exams fully prepared. It turns out all that nagging was worth it after all!

We hope you enjoy a long and well-deserved summer break and that, come Results Day on Thursday 20th August, you get the GCSE results that you deserve. Celebrate your achievements, and enjoy the fact that, for now, nobody will be chasing you to attend intervention sessions!

As you move on to the next chapter of your lives, take pride in all that you have achieved. Believe in yourselves, continue to work hard, and never underestimate what you are capable of accomplishing. We wish you every success and happiness for the future. Wherever your path leads, remember that you will always be a valued part of the Uxbridge High School community.



A BLOOMING SUCCESS

Little Shop of Horrors Wows Audiences

This year's school production of Little Shop of Horrors was a tremendous success, delighting audiences across three fantastic evenings of performances.

The show brought together a talented cast from a range of year groups, showcasing the strong sense of community that exists within our school. Students impressed audiences with their outstanding acting, confident stage presence and exceptional singing, bringing the memorable characters and songs of this much-loved musical to life.

One of the highlights of the production was the outstanding performance of our two Year 10 lead students, who carried the show with confidence, talent and professionalism beyond their years. Their portrayal of Seymour and Audrey captivated audiences throughout the three-night run, with their rendition of the classic song Suddenly Seymour proving to be a particular standout moment. Their powerful vocals and heartfelt performances earned enthusiastic applause each evening and demonstrated the incredible talent within our school.

While the performers shone in the spotlight, the production would not have been possible without the dedication and hard work of many students behind the scenes. Our backstage team worked tirelessly to manage scene changes, props and costumes, ensuring that every performance ran smoothly. The student sound team also played a vital role, expertly managing microphones, music and sound effects to support the cast and create a professional theatrical experience.

Of course, no production of Little Shop of Horrors would be complete without Audrey II, the giant man-eating plant. The impressive puppet wowed audiences as it grew larger throughout the show, becoming both a source of comedy and drama as it devoured several characters along the way.

The three-night run was enjoyed by families, friends, staff and members of the wider school community, who were full of praise for the professionalism, enthusiasm and talent displayed by all involved.

A huge congratulations goes to every student who contributed to the production, whether on stage, backstage or as part of the technical team. Little Shop of Horrors was a wonderful celebration of creativity, teamwork and dedication, and it is a show that everyone involved can be incredibly proud of.



MATHS DEPARTMENT CURRICULUM REVIEW

During the Summer 2 term, students across Key Stage 3 and Key Stage 4 have continued to make strong progress through the mathematics curriculum, developing their knowledge, skills, and confidence across a range of mathematical areas.

Year 7 students have been studying Sequences and Graphs. They have explored recognising and generating sequences, identifying patterns, and developing their understanding of graphical representations. Students have continued to build their algebraic thinking and make connections between numerical relationships and visual representations.

Year 8 students have focused on Lines and Angles, strengthening their understanding of key geometrical concepts. They have developed their ability to identify angle relationships, apply reasoning skills, and solve increasingly challenging problems involving geometry.

Year 9 students have started their unit on Transformations, exploring concepts such as reflections, rotations, translations, and enlargements. This topic supports the development of spatial awareness and provides important foundations for GCSE Geometry content.

Across Key Stage 3, all year groups have successfully completed their end-of-term assessments. These assessments have provided valuable information about student progress, highlighted strengths, and identified areas where further support and consolidation will be provided.

Year 10 students have completed their PPE 1 exams. For the first time, students experienced sitting the full set of three GCSE Maths papers, giving them valuable exposure to the structure, expectations, and demands of the final GCSE examinations. This has provided an important opportunity for students to develop exam resilience, improve time management, and identify key areas for targeted revision as they move into Year 11.

Overall, Summer 2 has been a productive term in Mathematics, with students demonstrating continued progress, engagement, and preparation for the next stage of their learning journey.



MEET MRS ERASMUS

ASSOCIATE STAFF

My name is Mrs Erasmus, and I am the SENCo and Designated Safeguarding Lead at Uxbridge High School. I grew up in South Africa and have called the UK home for the past 23 years, though my South African roots still shine through — especially when we fire up a 'braai' (that's a barbecue!) and fill the garden with family and friends.

I am passionate about supporting people, and I love cooking and hosting. Family and friends are hugely important to me, and quality time means being with my husband and our three children, often watching rugby and, of course, cheering on the Springboks.

Each year, my husband and I serve as Village Hosts at New Wine, a Christian conference, where we look after 500 delegates camping on site. It is hard work but incredibly rewarding, and it reflects what I care about most: making people feel welcome, safe, and looked after.

The role I have in school is really an extension of my caring nature and my desire to make a difference to the people I meet. I believe there is good in everyone, and that everyone deserves a chance. Whether it is a student who needs a little extra support or a colleague who needs a listening ear, I want people to know that someone is in their corner.

As for the future? My dream is to one day own a seaside property and convert it into a guest house, hosting, cooking, and welcoming people, just on a slightly bigger scale!



WELL DONE ALFIE

We are delighted to celebrate the fantastic achievement of Alfie, who recently represented his community at the London Youth Games BMX competition and secured 1st place in his age category.

Competing against talented riders from across London, Alfie delivered an outstanding performance, demonstrating determination, skill and resilience to take the top spot. His gold medal is a well-deserved reward for the hard work and commitment he has shown both on and off the track.



SIXTH FORM UPDATE

Year 12 PPE

As the academic year came to a close, our Sixth Form students completed their PPE exams. These exams provided students with valuable experience of the format and expectations of their A Level examinations, helping to build confidence and prepare them for the challenges ahead. Following the assessments, students received detailed feedback and guidance from their teachers, enabling them to reflect on their progress, celebrate their achievements and focus on the next steps in their learning journey.



Year 13 Leavers Assembly

Our Year 13 Leavers' Assembly was a truly special occasion, bringing together students and staff to celebrate an unforgettable cohort. There was a real mix of emotions as we reflected on the many memories made over the past seven years. This group began their secondary school journey during the COVID-19 pandemic, facing unprecedented challenges at the very start of their time with us. Despite this, they have shown incredible resilience, determination and maturity, embracing every opportunity along the way. The assembly was a fitting celebration of their achievements, friendships and personal growth, and we wish each and every one of them every success as they move on to exciting new opportunities.



Sixth Form Taster Day

We were delighted to welcome a fantastic number of students to this year's Sixth Form Taster Day, with both our own Year 11 students and prospective students from other schools joining us. The day provided an excellent opportunity to experience life in our Sixth Form, with a wide variety of engaging subject sessions led by our enthusiastic teaching staff. The feedback from attendees was overwhelmingly positive, with students commenting on how enjoyable, informative and inspiring the lessons were. It was wonderful to see so many young people excited about the opportunities our Sixth Form has to offer, and we look forward to welcoming many of them in September.



COMPUTER SCIENCE CURRICULUM REVIEW

This term has been a busy and exciting one in the Computer Science Department, with students across all year groups developing their digital knowledge through practical projects, problem-solving and creative thinking. Students have demonstrated excellent resilience, curiosity and collaboration while embracing new technologies and challenging themselves to develop valuable lifelong skills. Their commitment to our STAR values has been particularly impressive throughout the term. Computer Science is unique in combining creativity with logical thinking, empowering students to become confident digital creators rather than simply users of technology.

Year 7 students have explored how digital media can be used to promote causes they care about, creating blog posts and presentations on topics such as women's rights, recycling and water conservation. Alongside developing their skills in Microsoft Word and PowerPoint, students learnt how to find Creative Commons images, understand plagiarism, reference sources correctly and identify reliable information by spotting fake news. These essential digital literacy skills will support them throughout their education.

Year 8 students have enjoyed a varied and engaging curriculum, developing graphic design skills using Canva, learning the fundamentals of Python programming and exploring the importance of cybersecurity. They have produced eye-catching flyers and posters while also creating interactive Python programs, including quizzes. These projects have strengthened both their creativity and computational thinking as they continue to grow in confidence with a range of digital tools.

Year 9 students have built strong foundations for future GCSE study by developing their understanding of computational thinking, programming, computer networks, hardware and software. They are currently applying these skills through the IT for Life unit, learning practical skills such as creating professional CVs in Word, managing budgets and planning holidays using Excel, and writing professional emails. These experiences prepare students not only for further study but for everyday life and future careers.

Year 10 GCSE Computer Science students have made outstanding progress this term, successfully covering around 90% of the Computer Systems and Programming syllabus. Students have shown significant improvements in both confidence and attainment, with many demonstrating excellent commitment by attending intervention sessions. Their resilience and determination have placed them in a strong position as they continue preparing for their GCSE examinations.

Our A Level Computer Science students have worked exceptionally hard in preparation for their PPE examinations. Alongside their revision, they have successfully completed ambitious coursework projects, including artificial intelligence for breast cancer detection, virus creation and penetration testing, and a tower defence game. These projects have allowed students to apply advanced programming and problem-solving skills while exploring exciting real-world applications of Computer Science.

This term, students also supported the school's internal Chess Competition for Years 7 and 8, demonstrating leadership, responsibility and excellent teamwork. Their willingness to help organise and run the event reflected the positive contribution Computer Science students continue to make beyond the classroom.

TRIPS

Educational Psychology and Sociology Trip

Our Year 12 Psychology and Sociology students took part in an engaging educational trip that brought key AQA A Level topics to life. Students experienced rides, where they were able to apply psychological concepts including the fight-or-flight response, arousal, and biological explanations of behaviour. They also explored Sociology topics including Education and Families, considering how socialisation, educational experiences, and inequality shape behaviour and life chances. The trip strengthened students' critical thinking and evaluation skills while providing meaningful links between classroom learning and real-world experiences.

Wimbledon 2026

We were delighted to be offered 10 tickets to attend the prestigious Wimbledon Championships 2026. On a beautifully warm Friday during the first week of the tournament, a group of our pupils enjoyed a truly memorable day at one of the world's most iconic sporting events.

Away from the action on court, pupils embraced the full Wimbledon experience. From enjoying the traditional strawberries and cream to browsing the official Wimbledon gift shop, there was plenty to see and do throughout the day. We were also fortunate to receive complimentary access to the outstanding Wimbledon Museum, where pupils explored the rich history and traditions of the Championships.

The trip was a fantastic opportunity for our pupils to experience world-class sport in an iconic setting. It was a wonderful day filled with lasting memories and an experience that many will treasure for years to come.

Hampton Court Palace

This term, 150 of our Year 7 students visited Hampton Court Palace, the home of Henry VIII and many other monarchs. The trip supported their study of Henry VIII and Elizabeth I, bringing history to life beyond the classroom. Students were able to walk in the footsteps of these iconic historical figures and deepen their understanding of Tudor England. From discovering the daily lives of servants in the kitchens to hearing the story of Catherine Howard's screams in the Haunted Stairway, it was a thoroughly enjoyable and successful day for everyone involved.



CULTURE DAY 2026

A Wonderful Celebration of Diversity, Community and Culture

Culture Day 2026 was a truly memorable occasion and one that showcased the very best of our school community. From the moment students arrived, there was a real sense of excitement and anticipation across the school as everyone prepared to celebrate the rich diversity that makes our community so special. Inspired by our commitment to understanding, respect and inclusion, the day provided countless opportunities for students and staff to learn from one another, share experiences and celebrate cultures from around the world.

A key feature of the day was the carefully planned programme of lessons and activities delivered by teachers, supported by our fantastic Sixth Form students. Through engaging Culture Map activities, quizzes and discussions, students explored different traditions, languages, customs and histories in an interactive and meaningful way. These lessons encouraged curiosity, broadened perspectives and sparked important conversations, reinforcing the values of respect and global citizenship that are so important within our school. The enthusiasm shown by students throughout the day demonstrated the positive impact these learning experiences had on developing cultural awareness and appreciation.

One of the most eagerly anticipated parts of the day was the programme of performances. Students took to the stage with confidence and pride, showcasing their talents through music, singing and dance. Their performances reflected the creativity, dedication and cultural richness that exists within our student body, and the audience responded with tremendous support and appreciation. The performances provided moments of joy, inspiration and celebration that will be remembered for a long time.

Culture Day 2026 was much more than a day of activities and entertainment; it was a celebration of who we are as a community. It provided an opportunity to learn, reflect, celebrate and connect, while raising funds for Water Aid and HALO. The smiles seen throughout the day, the enthusiasm shown in every activity and the willingness of students and staff to embrace each other's cultures reflected the true spirit of the event.



SCHOOL NEWS

Tennis Star Inspires UHS Students

Our students enjoyed an unforgettable opportunity as former British No. 4 and ATP World No. 266 Alex Slabinsky visited Uxbridge High School to deliver an inspiring three-hour tennis session in partnership with the LTA and the Beyond the Baseline programme.

Throughout the session, students developed their tennis skills through expert coaching, took part in a range of on-court activities, and gained a valuable insight into the dedication, resilience and mindset required to compete at the highest level of the sport. Alex shared stories from his professional tennis career, encouraging students to work hard, embrace challenges and believe in their potential both on and off the court.

The session was a fantastic experience for everyone involved, leaving students feeling motivated and inspired by Alex's journey. Opportunities like this help to broaden horizons, promote healthy lifestyles and demonstrate the positive impact that sport can have in building confidence, determination and resilience.



Motivez and Kenvue

This summer we welcomed Motivez and Kenvue to UHS to launch the second annual Sustainable Hillingdon competition. 30 Year 10 students competed in groups to redesign a Kenvue product to make it more sustainable. They then presented their ideas to a panel of judges in a 5-minute presentation.

This year, a record breaking three groups were selected to advance to the next stage of the competition, where they were given the opportunity to get hands-on engineering work experience at University College London's MechSpace, where they learned from lecturers and PhD students and were able to design and create prototypes of their products. They then attended Brunel University to present their ideas once again, competing against schools across Hillingdon and Reading in the Sustainable UK Semi Finale.

Despite not advanced to the Grand Finale, our groups performed exceptionally well, achieving awards for creativity and perseverance, exemplifying our own PROUD value of Uniqueness and Determination. They also received praise from industry professionals, teachers from other schools, and the Mayor of Hillingdon for their passion, STEM expertise, and their ability to network with students and adults alike.



UHS Chess Team Celebrates Outstanding Success

Uxbridge High School's chess team enjoyed an outstanding day of success at the recent Bishopshalt School Chess Competition, with all four students returning home with medals following impressive performances against strong opposition.

Competing across Years 7 and 8, our students demonstrated exceptional strategic thinking, resilience and composure throughout the tournament, representing the school with great determination and sportsmanship.

The results were as follows:

Year 7: Shuban – Gold Medal & Marcel – Silver Medal

Year 8: Kamran – Silver Medal & Zachary – Bronze Medal

Congratulations to Shuban, Marcel, Kamran and Zachary on this fantastic achievement. Their success is a testament to their hard work, commitment and passion for the game, and we are incredibly proud of the way they represented Uxbridge High School.



Year 7 Cricket

Our Year 7 cricket team made an encouraging start to the season with a T10 softball fixture against Rosedale Hewens School. After being put into bat, Rosedale Hewens scored 86/10, leaving Uxbridge High School with a target of 87 to win. Our team responded with determination and resilience, working hard throughout the innings and battling until the very last ball. Despite finishing on 56/10, the players demonstrated excellent teamwork, commitment and a positive attitude from start to finish.



While the result did not go our way, the match provided valuable experience and a strong foundation to build on as the season progresses. Every player represented the school with pride, showing great sportsmanship and enthusiasm throughout the game.

Inspiring Visit from Jonathan Kemp

We were delighted to welcome Jonathan Kemp to Uxbridge High School as part of his incredible 4,200km journey from the Shetland Islands to Galway, raising awareness of mental health and supporting four charities along the way.

Students had the opportunity to hear about Jonathan's inspiring challenge, learning more about his motivation, the importance of mental health awareness and the resilience required to undertake such an ambitious journey. Following an engaging talk and Q&A session, students showed their support by giving Jonathan a guard of honour as he continued his walk towards Ealing.



LANGUAGES CURRICULUM REVIEW

The Summer term in the Languages department has proved a busy yet exiting end to what has truly been a year to celebrate. In both French and Spanish, students have continued to develop their language proficiency through their consistent determination and open-minded attitude whilst also enhancing their cultural understanding of what makes both languages unique.

YEAR 7

In Year 7 Spanish, students have dived into the topic of school, learning key vocabulary and grammatical structures about their daily school life in school alongside comparing UHS with another school in Latin America. In Year 7 French, students have been engaged with the topic of free time and hobbies. This topic provides students with a useful vocabulary base for discussing their passions in life and what makes them unique as individuals. Building on the importance of culture within the UHS Languages classroom, we have also started the end of year cultural film study this term where students watch a film linked with the target language and culture to further broaden their horizons. In Spanish, students have been watching the film *Coco* and learning about cultural significance of El Día de los Muertos (The Day of the Dead) in Mexico. In French, students have enjoyed the classic film *Le Petit Nicolas* and all the wonderful cultural insights it provides about life as child living in 1950s France.

YEAR 8

In Year 8, students have continued their language learning journey with great enthusiasm. In Spanish, students have been learning to describe their local areas including their houses and bedrooms and have recently started their own film study of the musical *Encanto*. This film delves into the rich culture of Colombia and through our lessons, students have gained an insight into Colombian history, society, music and food. In French, students have embarked on a musical journey, learning about different music genres and instruments in the target language as well as being exposed to an array of French music within lessons.

YEAR 9

In Year 9, students' language confidence continued to grow with a shift towards preparing them for GCSE level study. All Year 9 students have received inspiring lessons on the benefits of language learning on all aspects of life including future career prospects and travel opportunities. Consequently, many students have chosen to continue their language studies in both French and Spanish at GCSE level next year. Year 9 students have also engaged with their own film studies with Spanish students learning about the chaotic and controversial tradition of bullfighting in Spain through the animated film *Ferdinand* whilst French students have studied the classic character Tintin and his influence on French culture.

YEAR 10

In Year 10, students have fully embraced life as GCSE languages students impressing us all with their diligence, determination and resilience through their recent mock exams. Students were thoughtfully prepared for these mock exams through the development of key linguistic and grammatical concepts that underpin our GCSE curriculum alongside the vital exam skills necessary for students to succeed. To round out the year, students will receive tailored teacher feedback in lessons based on these exams so they can identify, process and prepare the areas which will enable them to progress as much as possible in Year 11.

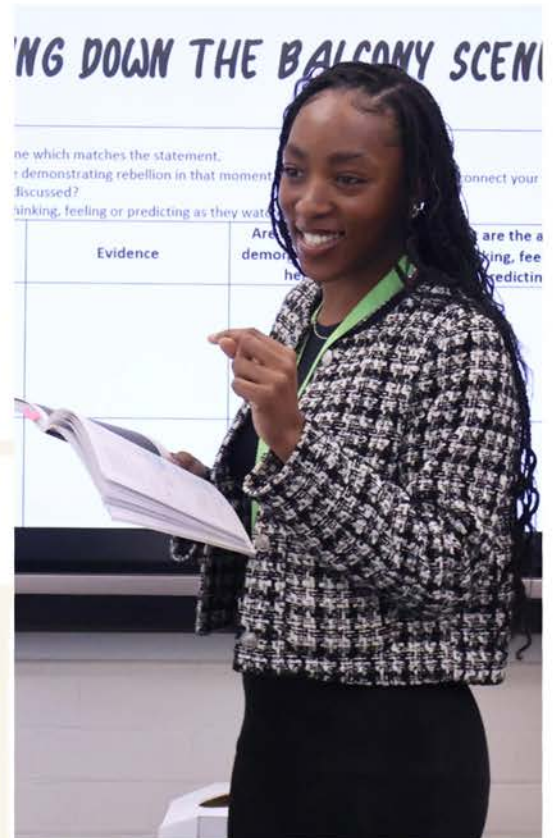
MEET MISS O-THOMAS

ENGLISH TEACHER

Hi, my name is Miss O-Thomas, and I am an English teacher at UHS, though I have an academic and industry background in economics and finance. I am so passionate about English, because outside of the spelling, punctuation, and grammar it is a platform to widen perspectives through the study of literature.

I enjoy the fact that every day brings something new and teaches me something about myself or my students. One of the reasons I became a teacher was to help build the next generation of holistic children just as I experienced when I was in school. This comes through a system of discipline, respect, humility, resilience and excellence. These are values that I govern my classroom with, which is why my students feel empowered to show up as themselves, yet still push themselves to aim high.

Outside of the classroom, I am so passionate about singing; I am a worship leader at my church, and I've had the privilege of ministering my first love across the UK and in Europe too which has been so incredible and humbling! I also love to bake sweet treats for loved ones on special occasions, my banana bread is definitely something to write home about! I also love all things creative: art, photography, fashion and I've recently rekindled my passion for sewing, having made some tote bags and clothes for me to show off in my spare time. Finally, I have a keen interest in strength and conditioning, though I've taken a break from track & field, I've set myself the challenge of re-starting a strict interval training regime and I'm excited to get started!



POETRY SLAM

Our annual Poetry Slam was a fantastic celebration of creativity, confidence and community, centred around the theme of Unity. In the lead-up to the event, students from Years 7, 8 and 9 took part in inspiring workshops led by acclaimed poets Rakaya Fetuga, Zohab 'Zee' Khan and Adam Kammerling before performing their own original poems on stage in front of their peers.

The quality of both the writing and the performances was exceptional, showcasing the students' imagination, courage and ability to use poetry as a powerful means of self-expression. Congratulations to everyone who took part and helped make the event such a memorable success.



CAREERS DAY

Our Year 10 Careers Day was a huge success, providing students with the opportunity to step outside the classroom and gain first-hand experience of a range of exciting career pathways.

Students chose from seven employer-led workshops, including Healthcare, Finance, Law, Photography and Videography, Police, Fire Brigade, and The Greatness Academy. Throughout the day, they met real employers and industry professionals, gaining valuable insight into different sectors and the skills needed to succeed within them.



The workshops were packed with engaging, hands-on activities. Students took part in a mock trial with legal professionals, explored the world of stocks and shares in Finance, and acted out real-life scenarios with the Police. Those attending the Fire Brigade workshop had the opportunity to see specialist equipment and uniforms up close, while Healthcare students explored ethical dilemmas and even had the chance to use professional medical equipment. In Photography and Videography, students saw a drone in action and learned more about careers in the creative industries. Meanwhile, The Greatness Academy inspired students to challenge themselves, build confidence, and think ambitiously about their futures.

The day was filled with curiosity, enthusiasm and meaningful conversations, helping students broaden their horizons and develop a greater understanding of the opportunities available to them. We are incredibly grateful to all of our visitors for sharing their expertise, experiences and advice, helping to inspire the next generation as they begin to consider their own future pathways.



Experiences like Careers Day play a vital role in helping young people make informed decisions about their futures. By engaging directly with professionals and learning about a wide range of industries, students develop a better understanding of the qualifications, skills and personal qualities different careers require. The day also encouraged them to ask questions, build confidence, broaden their aspirations and recognise the many pathways available after school, helping them to make more informed choices as they progress through their education.

RETURNING TO SCHOOL – SEPTEMBER READY

To help your child make the best possible start to the new academic year, please read the important information and guidance below.

School Uniform

Please ensure your child arrives at school wearing the correct school uniform. Full details of our uniform requirements can be found here: (www.uhs.org.uk/page/?title=Uniform+and+Equipment&pid=307).

Please note that leggings, jeans and tight-fitting trousers are not permitted.

To purchase any item of school uniform, please click here:
(<https://www.swischoolwear.co.uk/school/uxbridge-high-school-lb-hillingdon-cu-0005500>).

Jewellery, Make-up and Appearance

Students in Years 7 to 11 are not permitted to wear make-up.

For clarity:

Nail varnish, False nails, False eyelashes are not permitted.

Discreet make-up is permitted for Years 12 and 13 only.

Students may wear:

One wristwatch / One pair of small stud or small sleeper earrings only.

Hoop earrings and all other jewellery are not permitted.

Any items that are not permitted may be confiscated until the end of the half term, when they can be collected from Student Services.

Essential Equipment

It is important that students arrive on time and fully equipped for every lesson. Having the correct equipment helps prevent disruption to their own learning and that of others, while allowing teachers to make the best use of lesson time.

Every student is expected to bring the following equipment to every lesson:

Student Knowledge Organiser	1 pencil sharpener
(provided by the school each term)	1 highlighter
2 black pens	1 x 30cm ruler
1 green pen	1 glue stick
Coloured pencils	1 geometry set
2 sharpened pencils (preferably with erasers)	1 scientific calculator
1 eraser (if pencils do not have erasers)	1 pencil case

If any items need replacing, they can be purchased via Arbor and will be distributed to students during form time.

KEY DATES FOR THE NEW ACADEMIC YEAR

Please find below the key dates for Results Days and the start of the autumn term. We look forward to welcoming students back in September

YEAR 13 RESULTS DAY

Thursday 13 August 2026

Time: 8.30am

GCSE RESULTS DAY

Thursday 20 August 2026

Time: 8.30am

Autumn Term Dates

Summer Holidays

Thursday 3 September 2026 to Friday 18 December 2026

Staff Training Days

Thursday 3 September and Friday 4 September 2026

Students Return Back

Years 7 & 12: Start on Monday 7 September

Years 10, 11 & 13: Start on Tuesday 8 September

Years 8 & 9: Start on Wednesday 9 September

Half Term

Monday 26 October up to and including Monday 2 November 2026

School Closed

Friday 4th December 2026

Christmas Holiday

Monday 21 December 2026 to Friday 1 January 2027

FREQUENTLY ASKED QUESTIONS

Below you will find answers to some of the questions we are asked most often.

Absence - my child is unwell or will not be in school today

To report an absence, please visit www.absento.uk/uhs

My child has a Dental/medical appointment

If at all possible, medical and dental appointments, should be made during the school holidays or outside school time. However, if your child has a medical appointment during the school day, they should bring a note in to school signed by a parent or carer, explaining the reason for leaving early. In order to leave school early, your child must ask their teacher or if they are leaving during break or lunchtime, they should go to the welfare office. If the appointment was made urgently, please email the school via attendance@uhs.org.uk

Emergencies - I need to collect my child from school urgently

When arriving at the school, please go to either of the pedestrian gates at the front of the school. When you press the buzzer, a member of staff will collect your child from their lesson and bring them to you at the gate.

Lateness to school

The parent or carer should contact the school by email via attendance@uhs.org.uk, giving your child's name, form group and the reason why they will be late. When your child arrives to school, they should press the buzzer at Gate 2 and go straight to their next class.

Leave of Absence

If you wish to take your child out of school for a period of time for any reason, you will need to send your request to attendance@uhs.org.uk. Please note that the Department for Education do not approve holidays during term time.

Lost property - my child has lost something, what should they do?

All property should be marked with your child's name. Mobile phones, along with other articles of value, e.g. jewellery, ipods or any other handheld electrical equipment should not be brought in to school as the school cannot take responsibility for loss or damage to such items. If your child does bring a mobile phone to school, it must be kept in the Yondr pouch during the school day.

Lunch times - can my child leave the school site

We do not allow students to leave the school site at lunchtime for any reason. Students are under our care during the school day and therefore cannot leave the school site to go home for lunch or buy lunch elsewhere. You should either provide money on your child's Arbor account in order to purchase lunch or provide them with a packed lunch.

Unwell - if my child doesn't feel well whilst at school, what should they do?

Your child should tell their teacher, who will request a member of staff to collect them from class and take them to the welfare office. If necessary, the School Welfare Officer will contact you to advise your child is unwell.

My child has forgotten their...

Lunch / glasses / water bottle - these can be brought into main reception and we will ensure they are passed to your child.

Medication - this can be brought into main reception, but must be accompanied with a note giving the name of your child, which form group they are in and when the medication should be given.

PE kit - unfortunately we do not take forgotten PE kits and your child should remember this when they pack their bag for school. If you do bring your child's PE kit to the school, you will be advised that we cannot take these at the gate.

Yondr Pouch - My child has forgotten to bring in their Yondr pouch - Your child should hand their phone in to the member of staff on the gate, this will be put in the safe by their Head of Learning and can be collected from their Year office at the end of the day.

Lost Their Yondr Pouch - A replacement pouch can be purchased via your child's Arbor account at a charge of £25.00

Support in school - if I have a query concerning my child, who can help?

Form tutors are the first point of contact. If the form tutor is unable to help or if your query is regarding behaviour, contact your child's Guidance Leader. Attendance concerns should be directed to the Education Welfare Officer via email to attendance@uhs.org.uk. Medical issues or concerns should be directed to the School Welfare Officer. Subject specific information or concerns, contact the subject teacher or curriculum leader.

Unwell - if my child doesn't feel well whilst at school, what should they do?

Your child should tell their teacher, who will request a member of staff to collect them from class and take them to the welfare office. If necessary, the School Welfare Officer will contact you to advise your child is unwell.

Yondr pouch

My child has forgotten to bring in their Yondr pouch - Your child should hand their phone in to the member of staff on the gate, this will be put in the safe by their Head of Learning and can be collected from their Year office at the end of the day.

My child has lost their Yondr pouch - A replacement pouch can be purchased via your child's Arbor account at a charge of £25.00

PE lessons

Please note that your child should attend school in their normal school uniform on days that they have PE. Students are expected to get changed at the start of their PE lesson that day.

Uniform support – I believe I may be entitled, how do I apply?

Go to our Uniform and Equipment page and complete the online uniform assistance form. This will be sent to our finance department, who will make a decision and advise you of the outcome.

SCHOOL MEAL MENU AND PRICE LIST UPDATE

Please find attached the latest menu and price list for items available during break and lunchtime. Please note that some prices have been revised and will apply from the new academic year.



THE TARIFF

BREAKFAST

Bacon / Sausage Roll	from £1.75
Toast bar (WITH BUTTER, JAM OR MARMITE)	40p / 75p
Morning pastries	from £1.80
Cereal	£1.25
Large Cut fruit pots	£1.55
Whole fruit / melon wedge	55p / £1.50
Porridge (50P FOR TOPPINGS)	FREE*
*FREE TO STUDENTS WHEN PURCHASED WITH A TOPPING OR FRUIT OR 55p. FREE TO STAFF WITH A HOT DRINK OR £1.05.	

DRINKS

HOT SELF SERVE

TEA	ESPRESSO / AMERICANO	LATTE / CAP / FLAT WHITE
£1.40 / £1.65	£1.75 / £2.05	£1.85 / £2.15
HOT CHOCOLATE	ADD SYRUP / TOPPINGS	
£1.55 / £1.85	60p	

Bring your own cup for 10p off

COLD DRINKS

Bottled water	£1.05 / £1.20
Culinera ice	£1.65
Milkshake	£1.55
Cartons	from £1.15
Cans	from £1.55
Flavoured bottles	from £1.40

HYDRATION STATION

Fruit shot	£1.10
500ml reusable bottle	£3.00

COLD GRAB AND GO

POTS

Jelly / Yoghurt	£1.05 / £1.45
Large Puddings pots	from £1.70
Large Cut fruit pots	£1.55
Whole fruit / melon wedge	55p / £1.50
Boxed salads	£2.85
Pasta salad	£2.05 / £2.40

CLASSIC

HALF SANDWICH	FILLED ROLL	SANDWICH	BAGUETTES
£1.00	from £1.25	£1.85	£2.55

PREMIUM

Bloomer	£2.45
Wrap	from £2.75
Baguettes	from £2.90

Ultimate range

Items from £3.00

THE BAKERY AND SNACK SHOP

CLASSIC

BAKES
£1.65

PREMIUM

BAKES
£1.75

ULTIMATE

BAKES
£1.95

POPCORN

£1.40

SAVOURY SNACKS

£1.40

THE SOCIAL KITCHEN

Showcase course (OPTION OF ADDITIONAL BOLT ONS)	£3.00
Showcase puddings	£1.60

Pasta Bar WITH daily toppings

£1.75^{80Z} / £2.25^{120Z} / £2.70^{160Z}
(ADD CHEESE FOR 55P)

SOURDOUGH FRESHLY BAKED OPTIONS every day

Classic £1.95^{VEG} £2.35^{MEAT} / Slipper £2.55

CulineraConcepts (MAIN COURSE)	from £3.00
Jacket potato with topping and leaves (ADD OTHER TOPPING FOR 60P)	£2.55
Paninis (HALF FOR HALF THE PRICE!)	£2.75 ^{VEG} £2.95 ^{MEAT}
TREATS specials	from £1.35
Homemade soup (WITH BREAD)	£1.95

ALLERGENS

Culinera understands that food allergens can present serious problems for some of our pupils and customers who eat within our dining facilities.

We ask our customers with special dietary needs or allergies, to speak with our Executive Chef / Manager or one of our team on a daily basis to find out which food they are able to purchase for that day, and they will do their best to cater for this. Where possible we may produce a bespoke dish, if required.

It is not feasible to share entire menus in advance with customers as we produce and sell daily in excess of 70 items per day and our menus change regularly.

Despite our best efforts, our food/drink is prepared in areas where cross contamination may occur and therefore, we are unable to guarantee that our dishes/drinks are ever totally free from any allergen.

****Our position on nuts - Culinera does not use nuts in any of the food that we prepare in-house and serve. We are however unable to guarantee that dishes/products served are totally free from nuts / nut derivatives. This is because, ingredients, for example, croissants may be made in a factory containing nuts, bread may be baked in a factory handling nuts, or some production lines may have machines lubricated with nut oil. In some cases and mainly within our Sixth Form outlets, we purchase pre-packaged products which may contain nuts products, for example cereal bars.**



SCAN QR TO GIVE FEEDBACK

The Culinera team are always looking for ways to improve your offer. Scan the QR code or visit <https://feedback.culinera.co.uk> to give us your thoughts and feedback.

TRY OUR
home-made SOUP
with freshly baked bread

PLATE v POT

Reduce your environmental impact.
Use a plate or cup over a pot! To save on certain items!

DAILY chef specials

Check what's on offer today!

Watch out for our daily
culinera Concepts

HEALTHY APPETITE?
Why not try our
healthier options

PLEASE NOTE - Not all products are available daily • Products are subject to local changes at each of our schools, and may not be on sale at any point • We have to add VAT at the current rate, to all sales of hot food and beverages to non-students • We have daily specials available, which are priced individually at the point of sale • Due to the nature of our till systems, any special offers or meal deals need to be requested at the point of purchase to the till operator.

GREAT BRITISH SUMMER SAVINGS



A message from Secretary of State for Education

Rising prices can make life's little treats harder to afford, especially during the school holidays when costs build up for families. This Government is determined to help, and that is why last month the Chancellor announced the Great British Summer Savings scheme.

From 25 June to 1 September 2026, the Government is temporarily cutting VAT from 20% to 5% on children's meals in restaurants, children and family tickets to cinemas, theatres, concerts and exhibitions, and admission to a wide range of attractions. Combined with free bus travel during August for children aged 5 to 15 in England, families and young people will be able to enjoy experiences that make summer special, including visits to the kinds of cultural and educational attractions that enrich children's lives outside the classroom.

The public are ready to get behind the scheme and are keen to take advantage of the discounts available. As trusted pillars of their communities, schools play a vital role in connecting families with important information.

We need you to help spread the word. So please share details of the Great British Summer Savings scheme through your newsletters, school apps, and other communications to parents and carers, so that the families in your school community know about the experiences they can enjoy this summer for less.

This forms part of a broader effort by the Government to ease financial pressures on families. From ending the two-child limit and expanding free school meals, to rolling out free breakfast clubs and delivering 30 hours of free childcare, this Government is taking action to put more money back into parents' pockets and give every child the best possible start in life.

As part of this campaign, we have launched an attraction finder website which allows families to type in their postcode and find participating venues near them to make the most of summer savings. To use the attraction finder, please visit <https://summersavings.gov.uk>

Businesses can find out more about the VAT reduction by visiting GOV.UK and searching 'Temporary reduced rate of VAT for family attractions'.

Yours sincerely,

RT HON BRIDGET PHILLIPSON MP
Secretary of State for Education



**METROPOLITAN
POLICE**

Hillingdon Borough
www.met.police.uk

Personal Safety Awareness on Public Transport

Dear Parents and Guardians,

Hillingdon Police have recently received a slightly increased number of reports relating to sexual harassment on public transport. We want to reassure our community that these reports are being taken seriously, and we are committed to identifying those responsible and taking appropriate action.

While investigations are ongoing, an important part of preventing these incidents is educating and empowering young people to stay safe when travelling. Many students regularly use public transport to travel to and from school, and with the summer months approaching, they may also be spending more time out with friends and travelling later in the day or evening.

We would therefore ask parents and guardians to take time to speak with their children about personal safety and how to respond if they ever feel uncomfortable or unsafe while travelling.

Personal Safety Tips

Please encourage your young person to:

- **Avoid travelling alone where possible.** Travelling with friends or in groups can help young people feel safer and provides support if an issue arises.
- **Stay aware of their surroundings.** Encourage them to avoid distractions where possible and remain alert to the people and environment around them.
- **Trust their instincts.** If someone or something makes them feel uncomfortable, they should move away to a different seat, carriage, bus stop, or area where other people are present.
- **Seek help from transport staff.** If they are on a bus and feel unsafe, they should speak to the driver as soon as possible.
- **Contact the police in an emergency.** If they are in immediate danger or a crime is taking place, they should call **999**. For non-emergency matters, incidents can be reported by calling **101** or through the police online reporting service.
- **Report concerns as soon as possible.** Prompt reporting helps police gather evidence and take action against offenders.

Reporting Concerns

It is important that young people know how and where they can report concerns or incidents. Please discuss with them the different options available, including:

- Speaking to a parent, guardian, or trusted adult.
- Reporting the matter to their school or a member of school staff.
- Contacting the police directly via **999**, **101**, or online.
- Reporting anonymously through **Fearless** at www.fearless.org. Fearless is part of the Crimestoppers charity and allows young people to share information about crime 100% anonymously, meaning their identity will not be disclosed.

By working together and encouraging open conversations about personal safety, we can help young people feel more confident, informed, and safe when using public transport.

Kind regards,

Hillingdon Police.



Summer 2026 Parents and Carers Workshops

Are you a parent or carer of a child who lives or learns in Ealing, Hillingdon or Hounslow Borough?

Join local police officers and partner services for our Summer Holiday information evenings

Learn how to spot the early signs of child criminal exploitation and grooming and the support available.

Date – 29th July 2026

Time – 7pm

Place – Online, scan the QR code to book



Learn about the impact of serious youth violence and knife crime, as well as the support available.

Date – 26th August 2026

Time – 7pm

Place – Online, scan the QR code to book

