



# CURRICULUM MAP

Term Autumn 12 weeks	Foundation Year 7	Term Spring 10 weeks	Foundation Year 7	Term Summer 14 weeks	Foundation Year 7
<p>Revisiting, revising, remembering opportunities throughout the year</p> <p>Assessment, quiz, short answer Q's, EC clubs</p> <p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO2, KO3, KO4, KO5, KO9</p> <p>Autumn 1</p> <p>Baseline testing, Fitness testing</p> <p>Literacy</p> <ul style="list-style-type: none"> <li>100 metres</li> <li>Chasing 10</li> </ul> <p>Athlete Focus</p> <p>Marathon Running - Eliud Kipchoge</p>	<p><b>Assessment objectives:</b></p> <p>-Identifying and describing the three stages of a warm-up</p> <p>-Being able to successfully deliver an effective warm up</p> <p><b>Enrichment/life and work skills:</b></p> <p>-Resilience and character building through baseline testing</p> <p>-Attendance to EC Programme</p> <p><b>Assessments via Key objectives:</b></p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO5 – Resilience and organisation</p> <p>KO 9 – Three stages to an effective warm up</p>	<p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO3, KO6, KO8, KO10, KO11</p> <p>Spring 1: OAA, Basketball, Handball, Gymnastics</p> <p>Literacy</p> <ul style="list-style-type: none"> <li>The Miracle Season</li> <li>Full out</li> <li>52 peaks</li> <li>All about Gymnastics</li> </ul> <p>Athlete Focus</p> <p>Handball - Niklas Landin Jacobsen</p> <p>OAA - Nirmal Purja</p> <p>Volleyball - Zehra Gunes</p> <p>Gymnastics - Simone Biles</p>	<p><b>Assessment objectives:</b></p> <p>-Understanding the importance and benefits of a warm-up prior to carrying out physical activity</p> <p>-Understanding the importance and benefits of a cool down</p> <p><b>Enrichment/life and work skills:</b></p> <p>-Teamwork, Problem Solving, Leadership, Communication, Understanding and using basic tactics and strategies</p> <p><b>Assessments via Key objectives:</b></p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO6 – Core skills in isolation</p> <p>KO 8 – Physical fitness and self-motivation</p>	<p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO3, KO7, KO12</p> <p>End of year exam covering all KO'S</p> <p>Summer 1: Football, Cricket, Rounders, Tennis</p> <p>Literacy</p> <ul style="list-style-type: none"> <li>King Richard</li> <li>Stumped</li> <li>Tennis between the lines</li> </ul> <p>Athlete Focus</p> <p>Gymnastics – Simone Biles</p> <p>Cricket – Ben Stokes</p> <p>Tennis – Emma Raducanu/Novak Djokovic</p>	<p><b>Assessment objectives:</b></p> <p>-Identifying key muscle groups and linking sporting actions, movements and examples</p> <p><b>Enrichment/life and work skills:</b></p> <p>-Officiating, monitoring, providing feedback</p> <p>-Sports Day</p> <p><b>Assessments via Key objectives:</b></p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO7 –Performing core skills in competition</p> <p>KO 12 – Recognising areas for improvement and feedback</p>
<p>Autumn 2</p> <p>Netball, Gymnastics, Football, Rugby</p> <p>Literacy</p> <ul style="list-style-type: none"> <li>Ronaldo</li> <li>Dan Carter – the perfect 10</li> <li>The Netball Show Podcast</li> <li>House of Rugby</li> </ul> <p>Athlete Focus</p> <p>Football- Marcus Rashford</p> <p>Rugby - Maro Itoje/Zoe Harrison</p> <p>Netball - Geva Mentor</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p>	<p><b>Assessment objectives:</b></p> <p>-Identifying the key skeletal muscles</p> <p>-Providing sporting examples linked to the skeletal muscles and specific sporting actions</p> <p>-Linking static and dynamic stretches to specific muscles</p> <p><b>Enrichment/life and work skills:</b></p> <p>-Introduction of Sports teams captains (Leadership)</p> <p><b>Assessments via Key objectives:</b></p> <p>KO1 – Rules and regulations of sports</p> <p>KO2 – Understanding the role of the official</p> <p>KO 3 – Components of fitness</p> <p>KO4 – Fair play and teamwork</p>	<p>Spring 2: Handball, Athletics, Basketball</p> <p>Literacy</p> <ul style="list-style-type: none"> <li>English Athletics Podcast</li> <li>Stumped</li> <li>I am Bolt</li> </ul> <p>Athlete Focus</p> <p>Athletics Track – Fred Kerley</p> <p>Athletics Field - Miltiádis Tentóglou</p> <p>Cricket – Ben Stokes</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p>	<p><b>Assessment objectives:</b></p> <p>-Understanding, identifying and describing some of the physical benefits of exercise</p> <p><b>Enrichment/life and work skills:</b></p> <p>-Teamwork, Problem Solving, Leadership, Communication, Understanding and using basic tactics and strategies</p> <p><b>Assessments via Key objectives:</b></p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO10 - Understanding muscles in the body</p> <p>KO 11 – Analysing own and peer performance</p>	<p>Summer 2: Cricket, Rounders, Tennis, Badminton, Volleyball</p> <p>Literacy</p> <ul style="list-style-type: none"> <li>52 Peaks</li> <li>Coach Carter</li> <li>Wimbledon</li> </ul> <p>Athlete Focus</p> <p>Jayson Tatum – Basketball</p> <p>Nirmal Purja - OAA</p> <p>Tennis - Iga Świątek/Daniil Medvedev</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p> <p>Pupils will complete end of year exam.</p>	<p><b>Assessment objectives:</b></p> <p>-Understanding, identifying and describing some of the mental/emotional benefits of exercise</p> <p><b>Enrichment/life and work skills:</b></p> <p>-Officiating, monitoring, providing feedback</p> <p>-House assemblies promoting awareness and understanding of health and wellbeing</p> <p>-National School Sports Week</p> <p><b>Assessments via Key objectives:</b></p> <p>All KO'S to be covered and re-capped ahead of end of year test.</p>

The progressive, inclusive curriculum 'skills, knowledge and concepts: literacy, life skills and enrichment'



# CURRICULUM MAP

Term Autumn 12 weeks	Foundation Year 8	Term Spring 10 weeks	Foundation Year 8	Term Summer 14 weeks	Foundation Year 8
<p>Revisiting, revising, remembering opportunities throughout the year</p> <p><b>Assessment, quiz, short answer Q's, EC clubs, coaching</b></p> <p>Homework</p> <p><b>Pupils will complete a homework two homework project covering KO1, KO2, KO3, KO4, KO5, KO9</b></p> <p>Autumn 1: Rugby, Football, Netball, Gymnastics</p> <p>Literacy</p> <ul style="list-style-type: none"> <li>Ronaldo</li> <li>Dan Carter – The perfect 10</li> <li>The Netball Show Podcast</li> <li>House of Rugby</li> <li>The Guardians Football weekly</li> </ul> <p><b>Athlete Focus</b></p> <p>Rugby – Marcus Smith/Portia Woodman</p> <p>Football – Jennifer Hermoso/Jack Grealish</p> <p>Netball – Sam Winders</p> <p>Autumn 2: Rugby, Football, Gymnastics, Badminton, Volleyball</p> <p>Literacy</p> <ul style="list-style-type: none"> <li>Dan Carter – The perfect 10</li> <li>Fittest in Dubai</li> <li>The Netball Show Podcast</li> </ul> <p><b>Athlete Focus</b></p> <p>Netball – Jade Clarke</p> <p>Table tennis - FAN Zhendong</p> <p>Rugby - André Esterhuizen</p> <p>Fitness – Tia-Clair Toomey</p> <p><b>Pupils will complete house match's and theory lesson at the end of each term.</b></p>	<p><b>Assessment objectives:</b></p> <ul style="list-style-type: none"> <li>Recap and describe the three stages of a warmup and the benefits</li> <li>Identifying all major muscles</li> </ul> <p><b>Enrichment/life and work skills:</b></p> <p>Coaching, providing peer feedback, Leadership and teamwork skills</p> <p><b>Assessments via Key objectives:</b></p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO5 – Resilience and organisation</p> <p>KO 9 – Three stages to an effective warm up</p>	<p>Homework</p> <p><b>Pupils will complete a homework two homework project covering KO1, KO3, KO6, KO8, KO10, KO11</b></p> <p>Spring 1: OAA, Basketball, Handball</p> <p>Literacy</p> <ul style="list-style-type: none"> <li>Coach Carter</li> <li>Fittest in Dubai</li> <li>The Miracle Season</li> </ul> <p><b>Athlete Focus</b></p> <p>Basketball – LeBron James</p> <p>Fitness - Zac George</p> <p>Handball – Ludovic Fabregas</p> <p>Volleyball – Paola Egonu</p> <p>Spring 2: Handball, Athletics, Badminton, Volleyball</p> <p>Literacy</p> <p>Race</p> <p>The English Athletics</p> <p>Beyond All Boundaries</p> <p><b>Athlete Focus</b></p> <p>Badminton – Lin Dan</p> <p>Athletics Track – Shell-Ann Fraser-Pryce</p> <p>Athletics Field – Yulimar Rojas</p> <p>Cricket – Joe Root</p> <p><b>Pupils will complete house match's and theory lesson at the end of each term.</b></p>	<p><b>Assessment objectives:</b></p> <ul style="list-style-type: none"> <li>Recap the three stages of a warm up</li> <li>Identify and describe the short-term effects of exercise – Muscular system (link muscles from term 1), CV system</li> <li>Identify and describe the short-term effects of exercise – CV system, Respiratory System</li> </ul> <p><b>Enrichment/life and work skills:</b></p> <p>Teamwork, Problem Solving, Leadership, Communication, developing, creating and implementing tactics and strategies</p> <p><b>Assessments:</b></p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO6 – Core skills in isolation</p> <p>KO 8 – Physical fitness and self-motivation</p> <p><b>Assessment objectives:</b></p> <ul style="list-style-type: none"> <li>Identify and describe the short-term effects of exercise – Muscular system, CV system</li> <li>Identify and describe the short-term effects of exercise – CV system, Respiratory System</li> </ul> <p><b>Enrichment/life and work skills:</b></p> <p>Teamwork, Problem Solving, Leadership, Communication, Coaching, providing peer feedback, developing, creating and implementing tactics and strategies</p> <p><b>Assessments:</b></p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO10 - Understanding muscles in the body</p> <p>KO 11 – Analysing own and peer performance</p>	<p>Homework</p> <p><b>Pupils will complete a homework two homework project covering KO1, KO3, KO7, KO12</b></p> <p>Summer 1: Rounders, Dance, Cricket, Tennis</p> <p>Literacy</p> <p>King Richard</p> <p>Stick it</p> <p>Stumped</p> <p><b>Athlete Focus</b></p> <p>Gymnastics – Manrique Larduet</p> <p>Cricket – Ellyse Perry</p> <p>Tennis – Rafael Nadal</p> <p>Summer 2: Cricket, Tennis, Rounders, Gaelic Football</p> <p>Literacy</p> <p>Wimbledon</p> <p>Full out</p> <p>Locked on NBA</p> <p><b>Athlete Focus</b></p> <p>Tennis – Jessica Pegula</p> <p>Softball – Jessica Finch</p> <p>Basketball – Stephen Curry</p> <p>Gymnastics – Gabby Douglas</p> <p><b>Pupils will complete house match's and theory lesson at the end of each term.</b></p> <p><b>Pupils will complete end of year exam.</b></p>	<p><b>Assessment objectives:</b></p> <ul style="list-style-type: none"> <li>Recap and identify all major muscles</li> <li>Identify and describe basic long-term adaptations of exercise on the Muscular and skeletal system</li> <li>Identify and describe basic short and long-term adaptations of exercise on the CV system, Respiratory System</li> </ul> <p><b>Enrichment/life and work skills:</b></p> <p>Officiating, monitoring, performance analysis and providing feedback</p> <p>-Sports Day</p> <p><b>Assessments:</b></p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO7 –Performing core skills in competition</p> <p>KO 12 – Recognising areas for improvement and feedback</p> <p><b>Assessment objectives:</b></p> <ul style="list-style-type: none"> <li>Identify and describe basic long-term adaptations of exercise on the Muscular and skeletal system</li> <li>Identify and describe basic long-term adaptations of exercise on the CV system, Respiratory System</li> </ul> <p><b>Enrichment/life and work skills:</b></p> <p>-Officiating, monitoring, performance analysis providing feedback</p> <p>-House assemblies promoting awareness and understanding of health and wellbeing</p> <p>-National School Sports Week</p> <p><b>Assessments:</b></p> <p><b>Head:</b> Students should have knowledge and understanding whilst being able to analyse and feedback the basic long-term adaptations of exercise on the muscular, respiratory and CV system.</p> <p><b>Heart:</b> Effort and Confidence</p> <p><b>Hands:</b> Physical ability, problem solving, technique and fitness levels through sport</p>

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# CURRICULUM MAP

Term Autumn 12 weeks	Transition Year 9	Term Spring 10 weeks	Transition Year 9	Term Summer 14 weeks	Transition Year 9
<p>Revisiting, revising, remembering opportunities throughout the year</p> <p>Assessment, quiz, short answer Q's, EC clubs, coaching, analysis</p> <p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO2, KO3, KO4, KO5, KO9</p> <p>Autumn 1: Rugby, Football, Gymnastics, Netball</p> <p>Athlete Focus</p> <p>Rugby - Richie Mo'Unga/Emily Scarrat</p> <p>Football – Fran Kirby/Mohamed Salah</p> <p>Netball – Shamera Stirling</p> <p>Cross Country – Laura Muir</p> <p>Autumn 2: Gymnastics, Badminton, Volleyball, Rugby, Football</p> <p>Literacy</p> <ul style="list-style-type: none"> <li>- Ronaldo</li> <li>- Dan Carter – The performance</li> <li>- The Fittest in Dubai</li> <li>- The Netball Show Podcast</li> <li>- House of Rugby</li> </ul> <p>Athlete Focus</p> <p>Netball – Serena Guthrie</p> <p>Table Tennis – Ma Long</p> <p>Rugby – Richie Mo'Unga/Emily Scarrat</p> <p>Fitness – Matt Fraser</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p>	<p><b>Assessment objectives:</b></p> <p>Identify and locate all major muscles, identify and describe the 3 stages of a warm-up and explain the importance</p> <p><b>Enrichment/life and work skills:</b></p> <p>-Coaching, providing peer feedback, Leadership, character, resilience</p> <p><b>Assessments:</b></p> <p><b>-Head:</b> Rules, Knowledge and Understanding</p> <p><b>-Heart:</b> Communication, Leadership and Effort</p> <p><b>-Hands:</b> Physical ability and Fitness levels</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO5 – Resilience and organisation</p> <p>KO 9 – Three stages of an effective warm up</p>	<p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO3, KO6, KO8, KO10, KO11</p> <p>Spring 1: Dance, Basketball, Handball, Gymnastics, OAA</p> <p>Literacy</p> <ul style="list-style-type: none"> <li>• Step up</li> <li>• Footloose</li> <li>• Saina</li> </ul> <p>Athlete Focus</p> <p>Dance – Emma Portner</p> <p>Gaelic Football – David Clifford</p> <p>Basketball – Breanna Stewart</p> <p>Badminton – Carolina Marin</p>	<p><b>Assessment objectives:</b></p> <p>Identify, describe and explain the long-term adaptations of exercise on the Muscular and skeletal system</p> <p><b>Enrichment/life and work skills:</b></p> <p>-Teamwork, Problem Solving, Leadership, Communication, developing and implementing more advanced tactics and strategies</p> <p><b>Assessments:</b></p> <p><b>-Head:</b> Analysis and Feedback</p> <p><b>-Heart:</b> Respect, Resilience and Effort</p> <p><b>-Hands:</b> Problem Solving and Technique</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO6 – Core skills in isolation</p> <p>KO 8 – Physical fitness and self-motivation</p>	<p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO3, KO7, KO12</p> <p>Summer 1: Rounders, OAA, Cricket, Tennis</p> <p>Literacy</p> <p>King Richard</p> <p>The Final Test</p> <p>Race</p> <p>Athlete Focus</p> <p>Athletics Track – Alison Dos Santos</p> <p>Athletics Field - Yaroslava MAHUCHIKH</p> <p>Cricket – Babar Azam</p> <p>Tennis – Maria Sakkari</p>	<p><b>Assessment objectives:</b></p> <p>Identify, describe and explain the physical and mental benefits of exercise and physical activity</p> <p><b>Enrichment/life and work skills:</b></p> <p>-Officiating, monitoring and recording, Coaching and analysis of performance, providing feedback</p> <p>-Sports Day</p> <p><b>Assessments:</b></p> <p><b>-Head:</b> Analysis and Feedback</p> <p><b>-Heart:</b> Leadership, Confidence and Effort</p> <p><b>-Hands:</b> Competition, Tactics and Physical ability</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO7 – Performing core skills in competition</p> <p>KO 12 – Recognising areas for improvement and feedback</p>
	<p><b>Assessment objectives:</b></p> <p>Identify and locate all major muscles, identify and describe the 3 stages of a warm-up and explain the importance</p> <p><b>Enrichment/life and work skills:</b></p> <p>-Coaching, providing peer feedback, Leadership, character, resilience</p> <p><b>Assessments:</b></p> <p><b>-Head:</b> Rules, Knowledge and Understanding</p> <p><b>-Heart:</b> Communication, Leadership and Effort</p> <p><b>-Hands:</b> Physical ability and Fitness levels</p> <p>KO1 – Rules and regulations of sports</p> <p>KO2 – Understanding the role of the official</p> <p>KO 3 – Components of fitness</p> <p>KO4 – Fair play and teamwork</p>	<p>Spring 2: Handball, Athletics, Badminton, Volleyball</p> <p>Literacy</p> <ul style="list-style-type: none"> <li>• Coach Carter</li> <li>• I am Bolt</li> <li>• The Miracle Season</li> </ul> <p>Athlete Focus</p> <p>Basketball – Kevin Durant</p> <p>Athletics Track - Andre De Grasse</p> <p>Athletics Field – Valarie Allman</p> <p>Volleyball – Fabio Balaso</p> <p>Handball - Niklas Landin Jacobsen</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p>	<p><b>Assessment objectives:</b></p> <p>Identify, describe and explain the long-term adaptations of exercise on the CV system, Respiratory System</p> <p><b>Enrichment/life and work skills:</b></p> <p>-Coaching, providing peer feedback, Leadership, character, resilience, developing and implementing more advanced tactics and strategies</p> <p><b>Assessments:</b></p> <p><b>-Head:</b> Analysis and Feedback, Knowledge and Understanding</p> <p><b>-Heart:</b> Respect, Resilience and Effort</p> <p><b>-Hands:</b> Problem Solving and Technique</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO10 - Understanding muscles in the body</p> <p>KO 11 – Analysing own and peer performance</p>	<p>Summer 2: Tennis, Cricket, Gaelic Football, Rounders</p> <p>Literacy</p> <p>Wimbledon</p> <p>Match Point</p> <p>Stumped</p> <p>Athlete Focus</p> <p>Tennis – Carlos Alcaraz</p> <p>Cricket – Natalie Sciver</p> <p>Handball - Bence Banhidi</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p> <p>Pupils will complete end of year exam.</p>	<p><b>Assessment objectives:</b></p> <p>Identify, describe and explain the physical, mental and social benefits of exercise and physical activity</p> <p><b>Enrichment/life and work skills:</b></p> <p>-Officiating, monitoring and recording, Coaching and analysis of performance, providing feedback</p> <p>-House assemblies promoting awareness and understanding of health and wellbeing</p> <p>-National School Sports Week</p> <p><b>Assessments:</b></p> <p><b>-Head:</b> Analysis and Feedback, Knowledge and Understanding</p> <p><b>-Heart:</b> Leadership, Confidence and Effort</p> <p><b>-Hands:</b> Competition, Tactics and Physical ability</p>

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# CURRICULUM MAP – Y10 GAMES

Term Autumn 12 weeks	Transition Year 10 <i>'Principles of Health and Fitness – Why is it important?'</i>	Term Spring 10 weeks	Transition Year 10 <i>'Motivation to lead a healthy lifestyle both in and outside of school'</i>	Term Summer 14 weeks	Transition Year 10 <i>'Making physical exercise and activity a habit'</i>
Revisiting, revising, remembering opportunities, throughout the year  <b>GAME PLAY FOCUS</b>  Autumn 1: Various Games   Athlete Focus Rugby – Marcus Smith/Portia Woodman Football – Jennifer Hermoso/Jack Grealish Netball – Sam Winders   Autumn 2: Various Games   Football- Marcus Rashford Rugby - Maro Itoje/Zoe Harrison Netball - Geva Mentor	<b>Learning Focus and Outcomes:</b> <b>Head:</b> -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies <b>Hands:</b> Improving physical ability <b>Heart:</b> Developing confidence to engage and take part in sport and physical activity  <u><b>Enrichment/life and work skills half termly focus:</b></u> -Coaching, providing peer feedback, Leadership, character, resilience  <b>Learning Focus and Outcomes:</b> <b>Head:</b> -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies <b>Hands:</b> Improving physical ability <b>Heart:</b> Building on and improving communication skills  <u><b>Enrichment/life and work skills half termly focus:</b></u> -Coaching, providing peer feedback, Leadership, character, resilience	Spring 1: Various Games  Athlete Focus Basketball – LeBron James Fitness - Zac George Handball – Ludovic Fabregas Volleyball – Paola Egonu   Spring 2: Various Games Athlete Focus Athletics Track – Fred Kerley Athletics Field - Miltiádis Tentóglou Cricket – Ben Stokes	<b>Learning Focus and Outcomes:</b> <b>Head:</b> -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies <b>Hands:</b> Learning and improving key skills and techniques <b>Heart:</b> Respecting each other in isolated practice and competitive situations <u><b>Enrichment/life and work skills half termly focus:</b></u> -Teamwork, Problem Solving, Leadership, Communication, developing and implementing more advanced tactics and strategies  <b>Learning Focus and Outcomes:</b> <b>Head:</b> -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies <b>Hands:</b> Learning and improving key skills and techniques <b>Heart:</b> Building on and improving resilience <u><b>Enrichment/life and work skills half termly focus:</b></u> -Coaching, providing peer feedback, Leadership, character, resilience, developing and implementing more advanced tactics and strategies	Summer 1: Various Games  Athlete Focus Gymnastics – Simone Biles Cricket – Ben Stokes Tennis – Emma Raducanu/Novak Djokovic   Summer 2: Various Games  Athlete Focus Tennis – Jessica Pegula Softball – Jessica Finch Basketball – Stephen Curry Gymnastics – Gabby Douglas	<b>Learning Focus and Outcomes:</b> <b>Head:</b> -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies <b>Hands:</b> Improving targeted fitness levels <b>Heart:</b> Developing communication skills  <u><b>Enrichment/life and work skills half termly focus:</b></u> -Officiating, monitoring and recording, Coaching and analysis of performance, providing feedback  <b>Learning Focus and Outcomes:</b> <b>Head:</b> -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies <b>Hands:</b> Improving fitness levels and specific technical skills <b>Heart:</b> Developing Leadership skills  <u><b>Enrichment/life and work skills half termly focus:</b></u> -Officiating, monitoring and recording, Coaching and analysis of performance, providing feedback -House assemblies promoting awareness and understanding of health and wellbeing -National School Sports Week

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# CURRICULUM MAP – Y11 GAMES

Term Autumn 12 weeks	Transition Year 11 <i>‘Increasing awareness of and leading Healthy, active lifestyles’</i>	Term Spring 10 weeks	Transition Year 11 <i>‘Exercise and fitness as part of your healthy, active lifestyle’</i>	Term Summer 14 weeks	Transition Year 11 <i>‘Preparing to lead a healthy, active lifestyle outside of and beyond school’</i>
<p>Revisiting, revising, remembering opportunities, throughout the year</p> <p>Autumn 1: Various Games</p> <p>Autumn 2: Various Games</p>	<p><b>Learning Focus and Outcomes:</b>  <b>Head:</b> -Understanding key rules                      -Understanding, adapting and applying sports specific tactics and strategies  <b>Hands:</b> Improving general physical ability  <b>Heart:</b> Continuing to develop confidence to engage and take part in sport and physical activity</p> <p><b>Enrichment/life and work skills half termly focus:</b>                      -Coaching, providing peer feedback, Leadership, character, resilience</p>	<p>Spring 1: Various Games</p> <p><b>Athlete Focus</b>                      Dance – Emma Portner                      Gaelic Football – David Clifford                      Basketball – Breanna Stewart                      Badminton – Carolina Marin</p> <p>Spring 2: Various Games</p>	<p><b>Learning Focus and Outcomes:</b>  <b>Head:</b> -Understanding key rules                      -Understanding, adapting and applying sports specific tactics and strategies  <b>Hands:</b> Improving fitness levels and highlighting and improving specific components of fitness  <b>Heart:</b> To communicate positively with peers and provide effective feedback</p> <p><b>Enrichment/life and work skills half termly focus:</b>                      -Teamwork, Problem Solving, Leadership, Communication, developing and implementing more advanced tactics and strategies</p>	<p>Summer 1: Various Games</p> <p><b>Athlete Focus</b>                      Athletics Track – Alison Dos Santos                      Athletics Field - Yaroslava MAHUCHIKH                      Cricket – Babar Azam                      Tennis – Maria Sakkari</p> <p>Summer 2: Various Games</p>	<p><b>Learning Focus and Outcomes:</b>  <b>Head:</b> -Understanding key rules                      -Understanding, adapting and applying sports specific tactics and strategies  <b>Hands:</b> Analysing performance and independently developing skills identified  <b>Heart:</b> Developing confidence and the creativity to take the lead in specific sporting scenarios</p> <p><b>Enrichment/life and work skills half termly focus:</b>                      -Officiating, monitoring and recording, Coaching and analysis of performance, providing feedback</p>
<p><b>Athlete Focus</b>                      Netball – Jade Clarke                      Table tennis - FAN Zhendong                      Rugby - André Esterhuizen                      Fitness – Tia-Clair Toomey                      Gymnastics – Max Whitelock</p>	<p><b>Learning Focus and Outcomes:</b>  <b>Head:</b> -Understanding key rules                      -Understanding, adapting and applying sports specific tactics and strategies  <b>Hands:</b> Improving physical ability and isolating and improving key skills  <b>Heart:</b> Demonstrating high effort levels and the capacity to work effectively within a team</p> <p><b>Enrichment/life and work skills half termly focus:</b>                      -Coaching, providing peer feedback, Leadership, character, resilience</p>	<p>Literacy</p> <p><b>Athlete Focus</b>                      Badminton – Lin Dan                      Athletics Track – Shell-Ann Fraser-Pryce                      Athletics Field – Yolimar Rojas                      Cricket – Joe Root</p>	<p><b>Learning Focus and Outcomes:</b>  <b>Learning Focus and Outcomes:</b>  <b>Head:</b> -Understanding key rules                      -Understanding, adapting and applying sports specific tactics and strategies  <b>Hands:</b> Increasing levels of and engaging in competitive practices  <b>Heart:</b> Focusing on inclusivity and engaging with all peers positively</p> <p><b>Enrichment/life and work skills half termly focus:</b>                      -Coaching, providing peer feedback, Leadership, character, resilience, developing and implementing more advanced tactics and strategies</p>	<p><b>Athlete Focus</b>                      Tennis – Jessica Pegula                      Softball – Jessica Finch                      Basketball – Stephen Curry                      Gymnastics – Gabby Douglas</p>	<p><b>Learning Focus and Outcomes:</b>  <b>Head:</b> -Understanding key rules                      -Understanding, adapting and applying sports specific tactics and strategies  <b>Hands:</b> Continuing to improve and develop the ability and specific skills under increased pressure  <b>Heart:</b> Developing confidence to engage and take part in sport and physical activity beyond school</p> <p><b>Enrichment/life and work skills half termly focus:</b>                      -Officiating, monitoring and recording, Coaching and analysis of performance, providing feedback                      -House assemblies promoting awareness and understanding of health and wellbeing</p>