



CURRICULUM MAP

Term Autumn 12 weeks	Foundation Year 7	Term Spring 10 weeks	Foundation Year 7	Term Summer 14 weeks	Foundation Year 7
<p>Revisiting, revising, remembering opportunities throughout the year</p> <p>Assessment, quiz, short answer Q's, EC clubs</p> <p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO2, KO3, KO4, KO5, KO9</p> <p>Autumn 1</p> <p>Baseline testing, Fitness testing</p> <p>Literacy</p> <ul style="list-style-type: none"> 100 metres Chasing 10 <p>Athlete Focus</p> <p>Marathon Running - Eliud Kipchoge</p>	<p>Assessment objectives:</p> <ul style="list-style-type: none"> -Identifying and describing the three stages of a warm-up -Being able to successfully deliver an effective warm up <p>Enrichment/life and work skills:</p> <ul style="list-style-type: none"> -Resilience and character building through baseline testing -Attendance to EC Programme <p>Assessments via Key objectives:</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO5 – Resilience and organisation</p> <p>KO 9 – Three stages to an effective warm up</p>	<p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO3, KO6, KO8, KO10, KO11</p> <p>Spring 1: OAA, Basketball, Handball, Gymnastics</p> <p>Literacy</p> <ul style="list-style-type: none"> The Miracle Season Full out 52 peaks All about Gymnastics <p>Athlete Focus</p> <p>Handball - Niklas Landin Jacobsen</p> <p>OAA - Nirmal Purja</p> <p>Volleyball - Zehra Gunes</p> <p>Gymnastics - Simone Biles</p>	<p>Assessment objectives:</p> <ul style="list-style-type: none"> -Understanding the importance and benefits of a warm-up prior to carrying out physical activity -Understanding the importance and benefits of a cool down <p>Enrichment/life and work skills:</p> <ul style="list-style-type: none"> -Teamwork, Problem Solving, Leadership, Communication, Understanding and using basic tactics and strategies <p>Assessments via Key objectives:</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO6 – Core skills in isolation</p> <p>KO 8 – Physical fitness and self-motivation</p>	<p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO3, KO7, KO12</p> <p>End of year exam covering all KO'S</p> <p>Summer 1: Football, Cricket, Rounders, Tennis</p> <p>Literacy</p> <ul style="list-style-type: none"> King Richard Stumped Tennis between the lines <p>Athlete Focus</p> <p>Gymnastics – Simone Biles</p> <p>Cricket – Ben Stokes</p> <p>Tennis – Emma Raducanu/Novak Djokovic</p>	<p>Assessment objectives:</p> <ul style="list-style-type: none"> -Identifying key muscle groups and linking sporting actions, movements and examples <p>Enrichment/life and work skills:</p> <ul style="list-style-type: none"> -Officiating, monitoring, providing feedback -Sports Day <p>Assessments via Key objectives:</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO7 – Performing core skills in competition</p> <p>KO 12 – Recognising a reason for improvement and feedback</p>
<p>Autumn 2</p> <p>Netball, Gymnastics, Football, Rugby</p> <p>Literacy</p> <ul style="list-style-type: none"> Ronaldo Dan Carter – the perfect 10 The Netball Show Podcast House of Rugby <p>Athlete Focus</p> <p>Football- Marcus Rashford</p> <p>Rugby - Maro Itoje/Zoe Harrison</p> <p>Netball - Geva Mentor</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p>	<p>Assessment objectives:</p> <ul style="list-style-type: none"> -Identifying the key skeletal muscles -Providing sporting examples linked to the skeletal muscles and specific sporting actions -Linking static and dynamic stretches to specific muscles <p>Enrichment/life and work skills:</p> <ul style="list-style-type: none"> -Introduction of Sports teams captains (Leadership) <p>Assessments via Key objectives:</p> <p>KO1 – Rules and regulations of sports</p> <p>KO2 – Understanding the role of the official</p> <p>KO 3 – Components of fitness</p> <p>KO4 – Fair play and teamwork</p>	<p>Spring 2: Handball, Athletics, Basketball</p> <p>Literacy</p> <ul style="list-style-type: none"> English Athletics Podcast Stumped I am Bolt <p>Athlete Focus</p> <p>Athletics Track – Fred Kerley</p> <p>Athletics Field - Miltiádis Tentóglou</p> <p>Cricket – Ben Stokes</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p>	<p>Assessment objectives:</p> <ul style="list-style-type: none"> -Understanding, identifying and describing some of the physical benefits of exercise <p>Enrichment/life and work skills:</p> <ul style="list-style-type: none"> -Teamwork, Problem Solving, Leadership, Communication, Understanding and using basic tactics and strategies <p>Assessments via Key objectives:</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO10 - Understanding muscles in the body</p> <p>KO 11 – Analysing own and peer performance</p>	<p>Summer 2: Cricket, Rounders, Tennis, Badminton, Volleyball</p> <p>Literacy</p> <ul style="list-style-type: none"> 52 Peaks Coach Carter Wimbledon <p>Athlete Focus</p> <p>Jayson Tatum – Basketball</p> <p>Nirmal Purja - OAA</p> <p>Tennis - Iga Świątek/Daniil Medvedev</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p> <p>Pupils will complete end of year exam.</p>	<p>Assessment objectives:</p> <ul style="list-style-type: none"> -Understanding, identifying and describing some of the mental/emotional benefits of exercise <p>Enrichment/life and work skills:</p> <ul style="list-style-type: none"> -Officiating, monitoring, providing feedback -House assemblies promoting awareness and understanding of health and wellbeing -National School Sports Week <p>Assessments via Key objectives:</p> <p>All KO'S to be covered and re-capped ahead of end of year test.</p>

The progressive, inclusive curriculum 'skills, knowledge and concepts: literacy, life skills and enrichment'

CURRICULUM MAP

Term Autumn 12 weeks	Foundation Year 8	Term Spring 10 weeks	Foundation Year 8	Term Summer 14 weeks	Foundation Year 8
<p>Revisiting, revising, remembering opportunities throughout the year</p> <p>Assessment, quiz, short answer Q's, EC clubs, coaching</p> <p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO2, KO3, KO4, KO5, KO9</p> <p>Autumn 1: Rugby, Football, Netball, Gymnastics</p> <p>Literacy</p> <ul style="list-style-type: none"> Ronaldo Dan Carter – The perfect 10 The Netball Show Podcast House of Rugby The Guardians Football weekly <p>Athlete Focus</p> <p>Rugby – Marcus Smith/Portia Woodman</p> <p>Football – Jennifer Hemoso/Jack Grealish</p> <p>Netball – Sam Winders</p> <p>Autumn 2: Rugby, Football, Gymnastics, Badminton, Volleyball</p> <p>Literacy</p> <ul style="list-style-type: none"> Dan Carter – The perfect 10 Fittest in Dubai The Netball Show Podcast <p>Athlete Focus</p> <p>Netball – Jade Clarke</p> <p>Table tennis - FAN Zhendong</p> <p>Rugby - André Esterhuizen</p> <p>Fitness – Tia-Clair Toomey</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p>	<p>Assessment objectives:</p> <ul style="list-style-type: none"> Recap and describe the three stages of a warmup and the benefits Identifying all major muscles <p>Enrichment/life and work skills:</p> <p>Coaching, providing peer feedback, Leadership and teamwork skills</p> <p>Assessments via Key objectives:</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO5 – Resilience and organisation</p> <p>KO 9 – Three stages to an effective warm up</p> <p>Assessment objectives:</p> <ul style="list-style-type: none"> Recap and describe the three stages of a warmup and the benefits Identifying all major muscles <p>Enrichment/life and work skills:</p> <p>Coaching, Performance analysis, providing peer feedback, Leadership, teamwork skills and tactics</p> <p>Assessments via Key objectives:</p> <p>KO1 – Rules and regulations of sports</p> <p>KO2 – Understanding the role of the official</p> <p>KO 3 – Components of fitness</p> <p>KO4 – Fair play and teamwork</p>	<p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO3, KO6, KO8, KO10, KO11</p> <p>Spring 1: OAA, Basketball, Handball</p> <p>Literacy</p> <ul style="list-style-type: none"> Coach Carter Fittest in Dubai The Miracle Season <p>Athlete Focus</p> <p>Basketball – LeBron James</p> <p>Fitness - Zac George</p> <p>Handball – Ludovic Fabregas</p> <p>Volleyball – Paola Egonu</p> <p>Spring 2: Handball, Athletics, Badminton, Volleyball</p> <p>Literacy</p> <p>Race</p> <p>The English Athletics</p> <p>Beyond All Boundaries</p> <p>Athlete Focus</p> <p>Badminton – Lin Dan</p> <p>Athletics Track – Shell-Ann Fraser-Pryce</p> <p>Athletics Field – Yulimar Rojas</p> <p>Cricket – Joe Root</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p>	<p>Assessment objectives:</p> <ul style="list-style-type: none"> Recap the three stages of a warm up Identify and describe the short-term effects of exercise – Muscular system (link muscles from term 1), CV system Identify and describe the short-term effects of exercise – CV system, Respiratory System <p>Enrichment/life and work skills:</p> <p>Teamwork, Problem Solving, Leadership, Communication, developing, creating and implementing tactics and strategies</p> <p>Assessments:</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO6 – Core skills in isolation</p> <p>KO 8 – Physical fitness and self-motivation</p> <p>Assessment objectives:</p> <ul style="list-style-type: none"> Identify and describe the short-term effects of exercise – Muscular system, CV system Identify and describe the short-term effects of exercise – CV system, Respiratory System <p>Enrichment/life and work skills:</p> <p>Teamwork, Problem Solving, Leadership, Communication, Coaching, providing peer feedback, developing, creating and implementing tactics and strategies</p> <p>Assessments:</p> <p>KO1 – Rules and regulations of sports</p> <p>KO3 – Components of fitness</p> <p>KO10 - Understanding muscles in the body</p> <p>KO 11 – Analysing own and peer performance</p>	<p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO3, KO7, KO12</p> <p>Summer 1: Rounders, Dance, Cricket, Tennis</p> <p>Literacy</p> <p>King Richard</p> <p>Stick it</p> <p>Stumped</p> <p>Athlete Focus</p> <p>Gymnastics – Manrique Larduet</p> <p>Cricket – Ellyse Perry</p> <p>Tennis – Rafael Nadal</p> <p>Summer 2: Cricket, Tennis, Rounders, Gaelic Football</p> <p>Literacy</p> <p>Wimbledon</p> <p>Full out</p> <p>Locked on NBA</p> <p>Athlete Focus</p> <p>Tennis – Jessica Pegula</p> <p>Softball – Jessica Finch</p> <p>Basketball – Stephen Curry</p> <p>Gymnastics – Gabby Douglas</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p> <p>Pupils will complete end of year exam.</p>	<p>Assessment objectives:</p> <ul style="list-style-type: none"> Recap and identify all major muscles Identify and describe basic long-term adaptations of exercise on the Muscular and skeletal system Identify and describe basic short and long-term adaptations of exercise on the CV system, Respiratory System <p>Enrichment/life and work skills:</p> <p>Officiating, monitoring, performance analysis and providing feedback</p> <p>-Sports Day</p> <p>Assessments:</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO7 – Performing core skills in competition</p> <p>KO 12 – Recognising a areas for improvement and feedback</p> <p>Assessment objectives:</p> <ul style="list-style-type: none"> Identify and describe basic long-term adaptations of exercise on the Muscular and skeletal system Identify and describe basic long-term adaptations of exercise on the CV system, Respiratory System <p>Enrichment/life and work skills:</p> <p>Officiating, monitoring, performance analysis providing feedback</p> <p>-House assemblies promoting awareness and understanding of health and wellbeing</p> <p>-National School Sports Week</p> <p>Assessments:</p> <p>Head: Students should have knowledge and understanding whilst being able to analyse and feedback the basic long-term adaptations of exercise on the muscular, respiratory and CV system.</p> <p>Heart: Effort and Confidence</p> <p>Hands: Physical ability, problem solving, technique and fitness levels through sport</p>

The progressive, inclusive curriculum 'skills, knowledge and concepts: literacy, life skills and enrichment'



CURRICULUM MAP

Term Autumn 12 weeks	Transition Year 9	Term Spring 10 weeks	Transition Year 9	Term Summer 14 weeks	Transition Year 9
<p>Revisiting, revising, remembering opportunities throughout the year</p> <p>Assessment, quiz, short answer Q's, EC clubs, coaching, analysis</p> <p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO2, KO3, KO4, KO5, KO9</p> <p>Autumn 1: Rugby, Football, Gymnastics, Netball</p> <p>Athlete Focus</p> <p>Rugby - Richie Mo'Unga/Emily Scarrat</p> <p>Football – Fran</p> <p>Kirby/Mohamed Salah</p> <p>Netball – Shamera Stirling</p> <p>Cross Country – Laura Muir</p> <p>Autumn 2: Gymnastics, Badminton, Volleyball, Rugby, Football</p> <p>Literacy</p> <ul style="list-style-type: none"> - Ronaldo - Dan Carter – The performance - The Fittest in Dubai - The Netball Show Podcast - House of Rugby <p>Athlete Focus</p> <p>Netball – Serena Guthrie</p> <p>Table Tennis – Ma Long</p> <p>Rugby – Richie Mo'Unga/Emily Scarrat</p> <p>Fitness – Matt Fraser</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p>	<p>Assessment objectives:</p> <p>Identify and locate all major muscles, identify and describe the 3 stages of a warm-up and explain the importance</p> <p>Enrichment/life and work skills:</p> <p>-Coaching, providing peer feedback, Leadership, character, resilience</p> <p>Assessments:</p> <p>-Head: Rules, Knowledge and Understanding</p> <p>-Heart: Communication, Leadership and Effort</p> <p>-Hands: Physical ability and Fitness levels</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO5 – Resilience and organisation</p> <p>KO 9 – Three stages to an effective warm up</p> <p>Assessment objectives:</p> <p>Identify and locate all major muscles, identify and describe the 3 stages of a warm-up and explain the importance</p> <p>Enrichment/life and work skills:</p> <p>-Coaching, providing peer feedback, Leadership, character, resilience</p> <p>Assessments:</p> <p>-Head: Rules, Knowledge and Understanding</p> <p>-Heart: Communication, Leadership and Effort</p> <p>-Hands: Physical ability and Fitness levels</p> <p>KO1 – Rules and regulations of sports</p> <p>KO2 – Understanding the role of the official</p> <p>KO 3 – Components of fitness</p> <p>KO4 – Fair play and teamwork</p>	<p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO3, KO6, KO8, KO10, KO11</p> <p>Spring 1: Dance, Basketball, Handball, Gymnastics, OAA</p> <p>Literacy</p> <ul style="list-style-type: none"> • Step up • Footloose • Saina <p>Athlete Focus</p> <p>Dance – Emma Portner</p> <p>Gaelic Football – David Clifford</p> <p>Basketball – Breanna Stewart</p> <p>Badminton – Carolina Marin</p> <p>Spring 2: Handball, Athletics, Badminton, Volleyball</p> <ul style="list-style-type: none"> • Literacy • Coach Carter • I am Bolt • The Miracle Season <p>Athlete Focus</p> <p>Basketball – Kevin Durant</p> <p>Athletics Track - Andre De Grasse</p> <p>Athletics Field – Valarie Allman</p> <p>Volleyball – Fabio Balaso</p> <p>Handball - Niklas Landin Jacobsen</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p>	<p>Assessment objectives:</p> <p>Identify, describe and explain the long-term adaptations of exercise on the Muscular and skeletal system</p> <p>Enrichment/life and work skills:</p> <p>-Teamwork, Problem Solving, Leadership, Communication, developing and implementing more advanced tactics and strategies</p> <p>Assessments:</p> <p>-Head: Analysis and Feedback</p> <p>-Heart: Respect, Resilience and Effort</p> <p>-Hands: Problem Solving and Technique</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO6 – Core skills in isolation</p> <p>KO 8 – Physical fitness and self-motivation</p> <p>Assessment objectives:</p> <p>Identify, describe and explain the long-term adaptations of exercise on the CV system, Respiratory System</p> <p>Enrichment/life and work skills:</p> <p>-Coaching, providing peer feedback, Leadership, character, resilience, developing and implementing more advanced tactics and strategies</p> <p>Assessments:</p> <p>-Head: Analysis and Feedback, Knowledge and Understanding</p> <p>-Heart: Respect, Resilience and Effort</p> <p>-Hands: Problem Solving and Technique</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO10 - Understanding muscles in the body</p> <p>KO 11 – Analysing own and peer performance</p>	<p>Homework</p> <p>Pupils will complete a homework two homework project covering KO1, KO3, KO7, KO12</p> <p>Summer 1: Rounders, OAA, Cricket, Tennis</p> <p>Literacy</p> <p>King Richard</p> <p>The Final Test</p> <p>Race</p> <p>Athlete Focus</p> <p>Athletics Track – Alison Dos Santos</p> <p>Athletics Field - Yaroslava MAHUCHIKH</p> <p>Cricket – Babar Azam</p> <p>Tennis – Maria Sakkari</p> <p>Summer 2: Tennis, Cricket, Gaelic Football, Rounders</p> <p>Literacy</p> <p>Wimbledon</p> <p>Match Point</p> <p>Stumped</p> <p>Athlete Focus</p> <p>Tennis – Carlos Alcaraz</p> <p>Cricket – Natalie Sciver</p> <p>Handball - Bence Banhidi</p> <p>Pupils will complete house match's and theory lesson at the end of each term.</p> <p>Pupils will complete end of year exam.</p>	<p>Assessment objectives:</p> <p>Identify, describe and explain the physical and mental benefits of exercise and physical activity</p> <p>Enrichment/life and work skills:</p> <p>-Officiating, monitoring and recording, Coaching and analysis of performance, providing feedback</p> <p>-Sports Day</p> <p>Assessments:</p> <p>-Head: Analysis and Feedback</p> <p>-Heart: Leadership, Confidence and Effort</p> <p>-Hands: Competition, Tactics and Physical ability</p> <p>KO1 – Rules and regulations of sports</p> <p>KO 3 – Components of fitness</p> <p>KO7 – Performing core skills in competition</p> <p>KO 12 – Recognising a reason for improvement and feedback</p> <p>Assessment objectives:</p> <p>Identify, describe and explain the physical, mental and social benefits of exercise and physical activity</p> <p>Enrichment/life and work skills:</p> <p>-Officiating, monitoring and recording, Coaching and analysis of performance, providing feedback</p> <p>-House assemblies promoting awareness and understanding of health and wellbeing</p> <p>-National School Sports Week</p> <p>Assessments:</p> <p>-Head: Analysis and Feedback, Knowledge and Understanding</p> <p>-Heart: Leadership, Confidence and Effort</p> <p>-Hands: Competition, Tactics and Physical ability</p>

The progressive, inclusive curriculum 'skills, knowledge and concepts: literacy, life skills and enrichment'



CURRICULUM MAP – Y10 GAMES

Term Autumn 12 weeks	Transition Year 10 <i>'Principles of Health and Fitness – Why is it important?'</i>	Term Spring 10 weeks	Transition Year 10 <i>'Motivation to lead a healthy lifestyle both in and outside of school'</i>	Term Summer 14 weeks	Transition Year 10 <i>'Making physical exercise and activity a habit'</i>
Revisiting, revising, remembering opportunities, throughout the year GAME PLAY FOCUS Autumn 1: Various Games Athlete Focus Rugby – Marcus Smith/Portia Woodman Football – Jennifer Hermoso/Jack Grealish Netball – Sam Winders Autumn 2: Various Games Football- Marcus Rashford Rugby - Maro Itoje/Zoe Harrison Netball - Geva Mentor	<u>Learning Focus and Outcomes:</u> Head: -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies Hands: Improving physical ability Heart: Developing confidence to engage and take part in sport and physical activity <u>Enrichment/life and work skills half termly focus:</u> -Coaching, providing peer feedback, Leadership, character, resilience	Spring 1: Various Games Athlete Focus Basketball – LeBron James Fitness - Zac George Handball – Ludovic Fabregas Volleyball – Paola Egonu Spring 2: Various Games Athlete Focus Athletics Track – Fred Kerley Athletics Field - Miltiádis Tentóglou Cricket – Ben Stokes	<u>Learning Focus and Outcomes:</u> Head: -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies Hands: Learning and improving key skills and techniques Heart: Respecting each other in isolated practice and competitive situations <u>Enrichment/life and work skills half termly focus:</u> -Teamwork, Problem Solving, Leadership, Communication, developing and implementing more advanced tactics and strategies <u>Learning Focus and Outcomes:</u> Head: -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies Hands: Learning and improving key skills and techniques Heart: Building on and improving resilience <u>Enrichment/life and work skills half termly focus:</u> -Coaching, providing peer feedback, Leadership, character, resilience, developing and implementing more advanced tactics and strategies	Summer 1: Various Games Athlete Focus Gymnastics – Simone Biles Cricket – Ben Stokes Tennis – Emma Raducanu/Novak Djokovic Summer 2: Various Games Athlete Focus Tennis – Jessica Pegula Softball – Jessica Finch Basketball – Stephen Curry Gymnastics – Gabby Douglas	<u>Learning Focus and Outcomes:</u> Head: -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies Hands: Improving targeted fitness levels Heart: Developing communication skills <u>Enrichment/life and work skills half termly focus:</u> -Officiating, monitoring and recording, Coaching and analysis of performance, providing feedback <u>Learning Focus and Outcomes:</u> Head: -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies Hands: Improving fitness levels and specific technical skills Heart: Developing Leadership skills <u>Enrichment/life and work skills half termly focus:</u> -Officiating, monitoring and recording, Coaching and analysis of performance, providing feedback -House assemblies promoting awareness and understanding of health and wellbeing -National School Sports Week

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CURRICULUM MAP – Y11 GAMES

Term Autumn 12 weeks	Transition Year 11 <i>‘Increasing awareness of and leading Healthy, active lifestyles’</i>	Term Spring 10 weeks	Transition Year 11 <i>‘Exercise and fitness as part of your healthy, active lifestyle’</i>	Term Summer 14 weeks	Transition Year 11 <i>‘Preparing to lead a healthy, active lifestyle outside of and beyond school’</i>
Revisiting, revising, remembering opportunities, throughout the year Autumn 1: Various Games	<p><u>Learning Focus and Outcomes:</u> Head: -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies Hands: Improving general physical ability Heart: Continuing to develop confidence to engage and take part in sport and physical activity</p> <p><u>Enrichment/life and work skills half termly focus:</u> -Coaching, providing peer feedback, Leadership, character, resilience</p>	Spring 1: Various Games Athlete Focus Dance – Emma Portner Gaelic Football – David Clifford Basketball – Breanna Stewart Badminton – Carolina Marin	<p><u>Learning Focus and Outcomes:</u> Head: -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies Hands: Improving fitness levels and highlighting and improving specific components of fitness Heart: To communicate positively with peers and provide effective feedback</p> <p><u>Enrichment/life and work skills half termly focus:</u> -Teamwork, Problem Solving, Leadership, Communication, developing and implementing more advanced tactics and strategies</p>	Summer 1 Various Games Athlete Focus Athletics Track – Alison Dos Santos Athletics Field - Yaroslava MAHUCHIKH Cricket – Babar Azam Tennis – Maria Sakkari	<p><u>Learning Focus and Outcomes:</u> Head: -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies Hands: Analysing performance and independently developing skills identified Heart: Developing confidence and the creativity to take the lead in specific sporting scenarios</p> <p><u>Enrichment/life and work skills half termly focus:</u> -Officiating, monitoring and recording, Coaching and analysis of performance, providing feedback</p>
Autumn 2: Various Games Athlete Focus Netball – Jade Clarke Table tennis - FAN Zhendong Rugby - André Esterhuizen Fitness – Tia-Clair Toomey Gymnastics – Max Whitelock	<p><u>Learning Focus and Outcomes:</u> Head: -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies Hands: Improving physical ability and isolating and improving key skills Heart: Demonstrating high effort levels and the capacity to work effectively within a team</p> <p><u>Enrichment/life and work skills half termly focus:</u> -Coaching, providing peer feedback, Leadership, character, resilience</p>	Spring 2: Various Games Literacy Athlete Focus Badminton – Lin Dan Athletics Track – Shell-Ann Fraser-Pryce Athletics Field – Yolimar Rojas Cricket – Joe Root	<p><u>Learning Focus and Outcomes:</u> Head: -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies Hands: Increasing levels of and engaging in competitive practices Heart: Focusing on inclusivity and engaging with all peers positively</p> <p><u>Enrichment/life and work skills half termly focus:</u> -Coaching, providing peer feedback, Leadership, character, resilience, developing and implementing more advanced tactics and strategies</p>	Summer 2: Various Games Athlete Focus Tennis – Jessica Pegula Softball – Jessica Finch Basketball – Stephen Curry Gymnastics – Gabby Douglas	<p><u>Learning Focus and Outcomes:</u> Head: -Understanding key rules -Understanding, adapting and applying sports specific tactics and strategies Hands: Continuing to improve and develop the ability and specific skills under increased pressure Heart: Developing confidence to engage and take part in sport and physical activity beyond school</p> <p><u>Enrichment/life and work skills half termly focus:</u> -Officiating, monitoring and recording, Coaching and analysis of performance, providing feedback -House assemblies promoting awareness and understanding of health and wellbeing</p>