Instructions: How to calculate my reading fluency score

1. The passage you are going to read to track your progress is called 'My aquarium visit' (Appendix A)
2. Using a stopwatch/timer – read this passage out loud and in full for 60 seconds
3. Stop and count how many words you have read in that time
4. Make note of how many words per minute (wpm) you read in this time by entering it in the Appendix B below
5. Complete this reading exercise at least 5 times per week and continue to read as much as you can in between.
6. At the end of each week, calculate your average reading speed in the table below and plot it in the graph (Appendix C)

(If you cannot do this work on a computer, you can draw/write it in your own book)
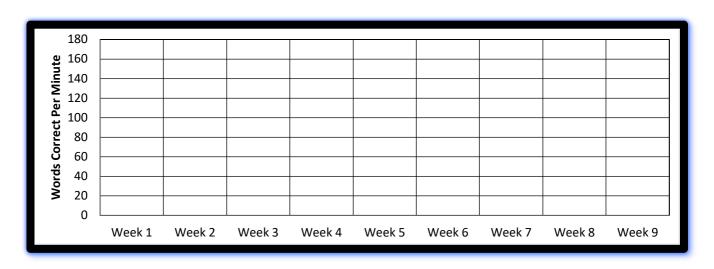
Appendix A – My aquarium visit

It was Saturday morning, and my dad surprised me with	10
a trip to the aquarium. I got to see plankton through a	22
microscope and dozens of jellyfish glowing in the water. We	32
saw lots of amazing animals, but we saved the best for last. At	45
the end of the day, Dad took me to see the hammerhead sharks.	58
We looked down on the giant tank from above. I could make	70
out the strange shapes of the sharks' heads as they swam back	82
and forth. I even saw a large dorsal fin sticking out of the	95
water, just as in cartoons and movies.	102
The best part was when we went in the tunnel under	113
the tank. The tunnel was clear, so we could see everything!	124
I asked Dad why the sharks were white on the bottom and	136
dark on top. He told me that it was their camouflage pattern.	148
He also told me how their skeletons were made out of cartilage	160
instead of bones.	163
I hope we can save sharks from extinction. They really are	174
wonders of nature.	177

Appendix B – My progress tracker

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9
Monday									
Tuesday									
Wednesday									
Thursday									
Friday									
Weekly avg									

Appendix C – Use your weekly average to plot your progress

Fluency score at the end of week 1: _____ wpm

Fluency score at the end of week 5: _____ wpm

Fluency score at the end of week 9: _____ wpm