



Do you know what 'bite the bullet' means?

When we say we will 'bite the bullet' we mean that we will get on with something and accept the difficulties or pain involved.

Origin - the story:

Many people believe that this phrase originates from the days before anesthetics.

It is thought that patients would be provided with a piece of wood, leather or bullets to clench between their teeth to help them endure the pain of treatment and to protect their tongues incase they bit down on it.

Example: They decided to bite the bullet and tell the teacher what they had done.

