



Do you know the idiom 'between a rock and a hard place'?

When we say we are caught 'between a rock and a hard place' we mean that we are faced with a difficult decision.

The rock and the hard place suggest that neither option being decided upon is a tempting choice!

Origin - the story:

This phrase originated in ancient Greek mythology.

In Homer's *Odyssey*, the character Odysseus has to go between Charybdis (a dangerous whirlpool) and Scylla (a man-eating monster who lives in the cliffs).

Example: Although I don't like my job, I am caught between a rock and a hard place because there aren't any other jobs in my field at the moment.

