



Do you know what 'to get out of the wrong side of bed' means?

When we say someone has 'got out of the wrong side of bed' we mean that they are in a particularly bad mood on that day.

Origin - the story:

This phrase is believed to have originated in Roman times, when it was thought to be bad luck to get out of your bed on the left hand side.

It was believed that if you got out of bed on the left hand side, that you would have a bad day.

Example: Sorry, I'm not myself today; I must have got out of the wrong side of bed.

