

Uxbridge High School's Autumn Term Weekly Catering Menu

w/c 3rd September, 24th September, 15th October



UXBRIDGE HIGH SCHOOL

WEEK ONE

*d-dairy g-gluten s-soya f-fish c-celery

MONDAY

**THE MIGHTY
MEATY MAIN**
£2.25
including a dessert

Macaroni cheese
served with garlic
bread and salad *(g)

Sweet n sour chicken
served with egg fried
rice and prawn crackers
*(g)

Mexican chilli con
carne served with rice,
nachos & sour cream
*(g&d)

Sausages served with
creamy mash and
savoy cabbage *(g&d)

Breaded cod fillet
served with chunky
chips and garden
peas *(g&f)

THE VEGGIE OPTION
£2.25
including dessert

Macaroni cheese
served with garlic
bread and salad *(g)

Sween n sour spring
rolls served with stir
fried noodles *(d&g)

Bean chilli served with
rice and sour cream
*(d&g)

Vegetable sausages
served with creamy
mash & savoy cabbage
*(g&d)

Quorn sausage
served with chunky
chips and garden
peas*(g&d)

DESSERT
included in meal deal

Dessert of the day

Dessert of the day

Dessert of the day

Dessert of the day

Dessert of the day

Start the day
with a healthy
porridge.
90p

Look out for
our daily
sandwich deals
and hot
sandwich of the
day

Buy a main
meal deal and
get a sweet
treat!

See what's on
offer at the
Satellite Bar!

Healthy offers
available!
Yoghurts &
fruit pots

Check out
what son offer
after school!

Uxbridge High School's Autumn Term Weekly Catering Menu

w/c 10th September, 1st October



UXBRIDGE HIGH SCHOOL

WEEK TWO

*d-dairy g-gluten s-soya f-fish c-celery

MONDAY

**THE MIGHTY
MEATY MAIN**
£2.25
including a dessert

**Spaghetti
bolognaise served
with crispy salad &
garlic bread *(g&d)**

TUESDAY

**Chicken goujon served
in a bun with oven
wedges and a green
salad *(g)**

WEDNESDAY

**Minced lamb and
vegetable pie served
with boiled potatoes
*(g&d)**

THURSDAY

**Thai style chicken
curry with a rustic
naan & braised rice
*(g,s&d)**

FRIDAY

**Breaded cod fillet
served with chunky
chips and baked
beans *(g&f)**

THE VEGGIE OPTION
£2.25
including a dessert

**Quorn bolognaise
served with a crispy
salad & garlic bread
*(g&d)**

**Roasted vegetable
lasagne served with
broccoli florets *(d&g)**

**Spanish omelette
served with a green
salad & seasonal veg
*(d)**

**Oriental vegetable
chow mein *(g&d)**

**Vegetable spring roll
served with chunky
chips and baked
beans *(g&d)**

DESSERT
included in meal deal

Dessert of the day

Dessert of the day

Dessert of the day

Dessert of the day

Dessert of the day

Start the day
with a healthy
porridge.
90p

Look out for
our daily
sandwich deals
and hot
sandwich of the
day

Buy a main
meal deal and
get a sweet
treat!

See what's on
offer at the
Satellite Bar!

Healthy offers
available!
Yoghurts &
fruit pots

Check out
what son offer
after school!

Uxbridge High School's Autumn Term Weekly Catering Menu

w/c 24th September, 8th October



UXBRIDGE HIGH SCHOOL

WEEK THREE

*d-dairy g-gluten s-soya f-fish c-celery

MONDAY

THE MIGHTY MEATY MAIN
£2.25
including a dessert

THE VEGGIE OPTION
£2.25
including a dessert

DESSERT
included in meal deal

Beef & spinach lasagne served with a rocket & tomato salad *(g&d)

Vegetable au gratin wrap served with a garden salad*(g&d)

Dessert of the day

TUESDAY

Salmon & seafood pasta bake served with garden peas *(g&f)

Mediterranean tomato pasta bake *(g&d)

Dessert of the day

WEDNESDAY

Pitta bread pizza served with jacket wedges and coleslaw *(g&c)

Pitta bread pizza served with jacket wedges & coleslaw *(g&c)

Dessert of the day

THURSDAY

Roast chicken served with roast potatoes & seasonal veg *(g&d)

Broccoli & cauliflower mornay *(g&d)

Dessert of the day

FRIDAY

Chunky breaded fish bap served with chips & peas *(g&f)

Quorn sausage served with chunky chips and garden peas *(d&g)

Dessert of the day

Start the day with a healthy porridge. 90p

Look out for our daily sandwich deals and hot sandwich of the day

Buy a main meal deal and get a sweet treat!

See what's on offer at the Satellite Bar!

Healthy offers available!
Yoghurts & fruit pots

Check out what son offer after school!