



Supporting Students with Medical Conditions

1. Introduction

Most students will at some time have a medical condition that may affect their participation in school activities. For many this will be short term. Other students have medical conditions that, if not properly managed, could limit their access to education. Such students are regarded as having medical needs. Most of these students will be able to attend school regularly and take part in normal school activities.

2. School ethos

In the case of students with special medical needs, the responsibility of the school is to make sure that safety measures cover the needs of all students at the school. This may mean making special arrangements for particular students so that they can access their full and equal entitlement to all aspects of the curriculum. In this case, individual procedures may be required. Uxbridge High School is responsible for making sure that relevant staff know about and are, if necessary, trained to provide any additional support that students with medical conditions (long or short term) may need.

3. Our aims

- To support students with medical conditions, so that they have full access to education, including physical education and educational visits;
- To ensure that school staff involved in the care of students with medical needs are fully informed and adequately trained by a professional in order to administer support or prescribed medication;
- To comply fully with the Equality Act 2010 for students who may have disabilities or special educational needs;
- To write, in association with healthcare professionals, Individual Healthcare Plans where necessary;
- To respond sensitively, discreetly and quickly to situations where a student with a medical condition requires support;
- To keep, monitor and review appropriate records.

4. Unacceptable practice

While school staff will use their professional discretion in supporting individual students, it is unacceptable to:

- prevent students from accessing their medication;
- assume every student with the same condition requires the same treatment;
- ignore the views of the student or their parents / carers or ignore medical advice;
- prevent students with medical conditions accessing the full curriculum, unless specified in their Individual Healthcare plan;
- penalise students for their attendance record where this is related to a medical condition;
- prevent students from eating, drinking or taking toilet breaks where this is part of effective management of their condition;
- require parents to administer medicine where this interrupts their working day;
- require parents to accompany their child with a medical condition on a school trip as a condition of that child taking part.

5. Entitlement

Uxbridge High School provides full access to the curriculum for every student wherever possible. We believe that students with medical needs have equal entitlement and must receive necessary care and



support so that they can take advantage of this. However, we also recognise that employees have rights in relation to supporting students with medical needs, as follows:

Employees may:

- choose whether or not they wish to be involved;
- receive appropriate training;
- work to clear guidelines;
- bring to the attention of the Leadership Team any concern or matter relating to the support of students with medical conditions.

6. Expectations

It is expected that:

- parents will inform school of any medical condition which affects their child;
- parents will supply school with appropriately prescribed medication, where the dosage information and regime is clearly printed by a pharmacy on the container;
- parents will ensure that medicines to be given in school are in date and clearly labelled;
- parents will co-operate in training their children to self-administer medicine if this is appropriate and that staff members will only be involved if this is not possible;
- medical professionals involved in the care of children with medical needs will fully inform staff beforehand of the child's condition, its management and implications for the school life of that individual;
- Uxbridge High School will ensure that, where appropriate, students are involved in discussing the management and administration of their medicines and are able to access and administer their medicine if this is part of their Individual Healthcare plan (for example, an inhaler);
- school staff will liaise as necessary with Healthcare professionals and services in order to access the most up-to-date advice about a student's medical needs and will seek support and training in the interests of the student;
- transition arrangements between schools will be completed in such a way that Uxbridge High School will request full disclosure of relevant medical information, Healthcare plans and support needed in good time for the student's arrival at school;
- Individual Healthcare Plans will be written, monitored and reviewed regularly and will include the views and wishes of the student and parent in addition to the advice of relevant medical professionals.

7. Procedure

The governing body of Uxbridge High School ensures that an appropriate level of insurance is in place and reflects the level of risk presented by students with medical conditions.

8. Information

Students with serious medical conditions or those with medical conditions which may require emergency attention, e.g. epilepsy, diabetes will have their photo and brief description of condition, along with any other necessary information, in the staffroom and it will be logged on Sims.net. All adults dealing with the student will have their attention drawn to this information.

9. In an emergency

In a medical emergency, first aiders have been appropriately trained to administer emergency first aid if necessary. If an ambulance needs to be called, staff will inform the principal.



Students will be accompanied to hospital by a member of staff if this is deemed appropriate. Parents will always be called in a medical emergency, but do not need to be present for a student to be taken to hospital.

10. Administration of medicines

Only essential medicines will be administered during the school day. Parents must have agreed to medicine being administered in the admissions booklet and handed in relevant medication with a written letter giving details of medication, dosage, etc. Medicines to be given during the school day must be in their original container. Controlled drugs can also be administered, subject to all other conditions as described in the Policy.

Essential medicines will be administered on Educational Visits, subject to the conditions above. A risk assessment may be needed before the visit takes place. Staff supervising the visit will be responsible for safe storage and administration of the medicine during the visit.

Before administering any medicine, staff must check that the medicine belongs to the student, must check that the dosage they are giving is correct and that written permission has been given. Any student refusing to take medicine in school will not be made to do so and parents will be informed about the dose being missed. All doses administered at school will be recorded on the student's details in sims.net. Students self-administering asthma inhalers do not need to be recorded.

All medicines will be stored safely. Medicines needing refrigeration will be stored in the Welfare fridge. Some medicines (inhalers, etc) will be carried with the students, for ease of access. All medicines must be clearly labelled.

Controlled drugs or prescribed medicines will be kept in the locked cabinet in the Welfare office. Access to these medicines is restricted to the named persons. Epi-pens may be carried by students.

Spare asthma inhalers will be kept in the Welfare office and marked with the student's name. All students with an inhaler must take them on educational visits, however short in duration.

10.1 Epi-pens – Any member of staff can administer an epi-pen in an emergency. The pen (cap off) should be pushed against the student's thigh, through clothing if necessary. The pen should be held for a count of 10 seconds before being withdrawn. Ambulances must be called for a student who has required an Epi-pen. Parents should be contacted after this call has been made.



APPENDIX 1

ASTHMA INDIVIDUAL HEALTHCARE PLAN

Dear Parent

Please complete the required information below and return to the Welfare Officer or Student Reception.

ASTHMA INDIVIDUAL HEALTHCARE PLAN

Name of School:	Uxbridge High School
Child's name:	
Date of birth:	
Address:	
Medical diagnosis or condition:	
Date diagnosed:	
Review date:	
Parent's name:	
Parent's home phone:	
Mobile number:	
Work number:	
Clinic/hospital:	
Contact's name:	
Telephone no:	
Describe medical needs and give details of child's symptoms, triggers, signs and treatment:	
Name of medication, dose, method of administration, when to be taken, side effects, self-administered with or without supervision	
The above information is, to the best of my knowledge, accurate at the time of writing and I given consent to school staff administering medicine in accordance with the school policy. I will inform the school immediately, in writing, if there is any change to dosage or frequency of the medication or if the medicine is stopped.	
Parent Signature:	Date:



APPENDIX 2

Asthma protocol

Uxbridge High School

- has made arrangements for the supply, storage, care and disposal of emergency inhaler and spacers in line with the school's policy on supporting students with medical conditions;
- has a register of children in the school that have been diagnosed with asthma or prescribed a reliever inhaler, a copy of which should be kept with the emergency inhaler;
- requests written parental consent for use of the emergency inhaler included as part of a child's individual healthcare plan;
- will ensure that the emergency inhaler is only used by students with asthma with written parental consent for its use **(list will be with emergency kit)**;
- has given appropriate support and training for staff in the use of the emergency inhaler in line with the school's wider policy on supporting students with medical conditions;
- keeps a record of use of the emergency inhaler as required by this policy and informing parents or carers that their child has used the emergency inhaler;
- two members of staff in these areas;
- emergency kits are placed in welfare, PE office, science prep room upstairs, science prep room downstairs, art office, DT office, Lancaster reception and main reception. Two volunteers in each of these departments are responsible for ensuring the protocol is followed.



APPENDIX 3

How to recognise an asthma attack

The signs of an asthma attack are:

- persistent cough (when at rest);
- a wheezing sound coming from the chest (when at rest);
- difficulty breathing (the child could be breathing fast and with effort, using all accessory muscles in the upper body);
- nasal flaring;
- unable to talk or complete sentences. Some children will go very quiet;
- may try to tell you that their chest feels 'tight'.

Call an ambulance immediately and commence the asthma attack procedure without delay if the child:

- appears exhausted;
- has a blue/white tinge around lips;
- is going blue;
- has collapsed.

Asthma attack procedure

- Keep calm and reassure the child;
- Seek immediate help from the welfare assistant or a first aider. If necessary ask another responsible adult to seek their support. Under no circumstances leave the child unaccompanied;
- Encourage the child to sit up and slightly forward;
- Use the child's own inhaler – if not available, use the emergency inhaler;
- Remain with the child while the inhaler and spacer are brought to them;
- Immediately help the child to take two separate puffs of salbutamol via the spacer;
- If there is no immediate improvement, continue to give two puffs at a time every two minutes, up to a maximum of 10 puffs;
- Stay calm and reassure the child. Stay with the child until they feel better. The child can return to school activities when they feel better;
- If the child does not feel better or you are worried at ANY TIME before you have reached 10 puffs, an ambulance should be called by the welfare assistant or main reception. In exceptional circumstances, if these are not aware of the situation, call 999 for an ambulance. In this instance the welfare officer, main reception and principal should be notified;
- If an ambulance does not arrive in 10 minutes give another 10 puffs in the same way.