



## HEALTH AND SOCIAL CARE LEVEL 2

### This course comprises of three components:

<b>Component 1</b>	<b>Explore:</b> Human lifespan development and internally assessed assignments - 30% of the total course
<b>Component 2</b>	<b>Develop:</b> Health and social care services and values and internally assessed assignments - 30% of the total course
<b>Component 3</b>	<b>Apply:</b> Health and wellbeing and externally assessed task – 40% of the total course

Our three-block structure of explore, develop and apply has been developed to allow you to build on and embed your knowledge. This allows you to grow in confidence and then put into practice what you have learned. The assessment structure is also designed, so that you can build on what you learn and develop assignment skills as you move through the course.

### Component 1 - Human Lifespan Development

- Explore how individuals develop physically, emotionally, socially and intellectually over time;
- Investigate how various factors, events and choices impact individuals' growth and development;
- Discover how people adapt to life events and cope with making changes.

### Component 2 - Health and Social Care Services and Values

- Learn which health and social care services are available;
- Identify why people might need to use these services;
- Discover who is involved in providing these services;
- Explore what might stop people from accessing the services they need;
- Look at the care values the sector has to make sure people get the care and protection they need.

### Component 3 - Health and Wellbeing

- Learn what 'being healthy' means to different people;
- Explore the different factors that might influence health and wellbeing;
- Identify key health indicators and how to interpret them;
- Assess an individual's health using what they have learned;
- Create a health and wellbeing improvement plan for that person, which includes targets and recommendations of support services available;
- Reflect on the potential challenges the person may face when putting the plan into action.

**For any further information please contact Ms Gardner.**

