



# Uxbridge High Careers Programme 2019 -20

## **Gatsby Benchmarks**

In 2018, the government released a new careers strategy and statutory guidance for schools and colleges. It put an increased focus on using the Gatsby Benchmarks as a framework for best practice around which we can build our own careers provision.

## **The eight Gatsby Benchmarks of good career guidance**

1. A stable careers programme
2. Learning from career and labour market information
3. Addressing the needs of each pupil
4. Linking curriculum learning to careers
5. Encounters with employers and employees
6. Experiences of workplaces
7. Encounters with further and higher education
8. Personal guidance

**For further information about our careers provision please see our careers education, information, advice and guidance policy and Accessibility Plan. We will review this careers plan on an annual basis.**



# Uxbridge High Careers Programme 2019 -20

## UHS Careers Programme Progression Framework:

Year Group	Aim	Outcomes
Year 7 – Who am I ?	To raise awareness about jobs and careers options available. To inspire, whilst developing key skills and looking at their strengths	Gained an insight into their own strengths and how to develop new skills. They will demonstrate this by listing their strengths and demonstrating an awareness of how to develop new skills that will help them in their career. List different types of jobs and careers out in the world of work that they might be interested in, based on their strengths and interests.
Year 8 - Learning about the real world	We aim to bridge the gap between education and the world of work	Learnt about living, learning and earning in the world of work. They will demonstrate this by completing a self evaluation on their understanding of the real world.
Year 9 – What are my options?	We aim to show students how different subjects link to careers and post-16 qualifications to inform their Key Stage 4 subject choices	Students will understand how GCSE option subjects, skills and hobbies can link to the world of work. They will demonstrate through discussions with their teacher’s and completing an online careers survey.
Year 10 – Developing myself	To raise awareness of post-16 options and developing themselves	Students start to plan possible progression routes for post-16 and create an action plan to address identified areas of research into different potential careers and personal development.
Year 11 – Post 16 options	To make decisions about their Higher Education routes	Students develop their decision making skills and set targets to help them achieve their post-16 goals and demonstrate this with a Post-16 interview with a member of the Senior Leadership Team.
Year 12 – Post 18 options	To raise awareness of post-18 options and enhancing employability skills	Students will be-able to make informed decisions about their post-18 options and visited 2 or more Universities.
Year 13 – Life after Secondary school	To make decisions about their Further Education routes and to develop the skills needed to live and/or work independently	Secured a place at their Further Educational choice (University, employment or training), whilst also learnt the skills needed to survive life after Secondary school.



Year 7

# Uxbridge High Careers Programme 2019 -20

Term	Activity	Purpose	Gatsby Benchmarks
<b>Autumn</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> <li>Careerpilot</li> <li>UHS take over day</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>Students are introduced to the Careerpilot website and how it can be used from Year 7-13 in order to find out more information about careers, courses and options at 14, 16 and 18</li> <li>Students take on various roles within the school to experience different types of careers; library, PE department, photography, journalist, reception, learning mentor, teach part of a lesson and patrol with a guidance leader</li> </ul>	<p>1,2,3,4</p> <p>1,2,3</p> <p>1,2,3,4</p> <p>1,2,3,4,5,8</p>
<b>Spring</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> <li>Exploring personal strengths for employment</li> <li>What is a CV, how to write a C.V.</li> <li>Careers week – assembly/citizenship</li> <li>Reading mentoring</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>Students describe themselves, their strength and preferences</li> <li>Students use their identified strengths to put produce a CV</li> <li>Careers Leader - career awareness</li> <li>Year 12 students spend regular time with students to listen to them read and become a go to person and peer to look up to. This supplements the conventional processes of classroom learning</li> </ul>	<p>1,2,3,4</p> <p>1,3,4</p> <p>1,3</p> <p>1,2,3,4</p> <p>1,3</p>
<b>Summer</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> <li>Enterprise Event</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>Students participate in an enterprise challenge set by the school</li> </ul>	<p>1,2,3,4</p> <p>1,3,4,5</p>
<b>General Activities</b>	<ul style="list-style-type: none"> <li>Assemblies/Tutor time; External FE/HE/Employer events dependant on interest, availability, timings and target students. Where possible, non-traditional speakers will be used to breakdown stereotypes e.g. female engineers, male nurse etc.</li> <li>PixL Edge – LORIC</li> <li>Linking subjects to careers</li> <li>Drop down day's Autumn/Spring &amp; Summer</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>This encourages students to access and take ownership of their career development records and maintain a journal of their employability skills</li> <li>Teachers introduce careers that students could pursue within their subject area</li> <li>Students take part in various Enterprise and Career workshops run by external agencies</li> </ul>	<p>1,2,3,4,5,7</p> <p>1,2,3,4,7,8</p> <p>1,4</p> <p>1,2,3,4,5,8</p>



# Uxbridge High Careers Programme 2019 -20

	<ul style="list-style-type: none"> <li>School website</li> </ul>	<ul style="list-style-type: none"> <li>The main school website has its own CEIAG page with information on Further Education, Higher Education options, as well as careers information including Labour Market Information</li> </ul>	1,2,3,5,7
--	--	--	-----------

## Year 8

Term	Activity	Purpose	Gatsby Benchmarks
<b>Autumn</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> </ul>	1,2,3,4
	<ul style="list-style-type: none"> <li>Careers Advisor Introduction</li> </ul>	<ul style="list-style-type: none"> <li>To introduce the school's impartial careers advisor and make students aware of the service they can offer. Group workshops to assist the students in starting to think about their future options, and decisions and who can support them with their decisions</li> </ul>	1,2,3,4,8
	<ul style="list-style-type: none"> <li>UHS take over day</li> </ul>	<ul style="list-style-type: none"> <li>Students take on various roles within the school to experience different types of careers; library, PE department, photography, journalist, reception, learning mentor, teach part of a lesson and patrol with a guidance leader</li> </ul>	1,2,3,4
<b>Spring</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> </ul>	1,2,3,4
	<ul style="list-style-type: none"> <li>School website</li> </ul>	<ul style="list-style-type: none"> <li>School website has key information on Further Education and Higher Education options, as well as careers information including Labour Market Information</li> </ul>	1,2,3,5,7
	<ul style="list-style-type: none"> <li>What is a CV, how to write a CV,</li> <li>Careers week – assembly/citizenship</li> </ul>	<ul style="list-style-type: none"> <li>Students use their identified strengths to put produce a CV</li> <li>Careers Leader - career awareness</li> </ul>	1,3 1,2,3,4
<b>Summer</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> </ul>	1,2,3,4
	<ul style="list-style-type: none"> <li>The Real Game</li> </ul>	<ul style="list-style-type: none"> <li>To introduce the students to the world of work, raise their aspirations but also give them an understanding of cost of life and implications of future decisions</li> </ul>	1,3,4
	<ul style="list-style-type: none"> <li>Importance of work experience, preparation for work experience</li> </ul>	<ul style="list-style-type: none"> <li>Preparation for students "Take your child to work day" in the Autumn term of Year 9</li> </ul>	1,3,4
<b>General Activities</b>	<ul style="list-style-type: none"> <li>Assemblies/Tutor time; External FE/HE /employer events dependant on interest, availability, timings and target student. Where possible, non-traditional speakers will be used to</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> </ul>	1,2,3,4,5,7,8



# Uxbridge High Careers Programme 2019 -20

	<p>breakdown stereotypes e.g. female engineers, male nurses etc.</p> <ul style="list-style-type: none"> <li>• PixL Edge – LORIC</li> </ul>	<ul style="list-style-type: none"> <li>• This encourages students to access and take ownership of their career development records and maintain a journal of their employability skills</li> </ul>	1,2,3,4,7,8
	<ul style="list-style-type: none"> <li>• Linking subjects to careers</li> </ul>	<ul style="list-style-type: none"> <li>• Teachers introduce careers that students could pursue within their subject area.</li> </ul>	1,4
	<ul style="list-style-type: none"> <li>• 1:1 Referral Career meetings with Impartial Careers Advisor</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher, SENCO and self-referral appointments</li> </ul>	8
	<ul style="list-style-type: none"> <li>• Drop down day's Autumn/Spring &amp; Summer</li> </ul>	<ul style="list-style-type: none"> <li>• Students take part in various Enterprise and Career workshops run by external agencies</li> </ul>	1,2,3,4,5,8
	<ul style="list-style-type: none"> <li>• School website</li> </ul>	<ul style="list-style-type: none"> <li>• The main school website has its own CEIAG page with information on Further Education, Higher Education options, as well as careers information including Labour Market Information.</li> </ul>	1,2,3,5,7

## Year 9

Term	Activity	Purpose	Gatsby Benchmarks
Autumn	<ul style="list-style-type: none"> <li>• Curriculum and Citizenship</li> </ul>	<ul style="list-style-type: none"> <li>• Raise aspirations, improve skills and provide additional information to help inform future decisions</li> </ul>	1,2,3,4
	<ul style="list-style-type: none"> <li>• Careers Advisor Introduction</li> </ul>	<ul style="list-style-type: none"> <li>• To introduce the school's impartial careers advisor and make students aware of the service they can offer. Group workshops to assist the students in starting to think about their future options, and decisions and who can support them with their decisions</li> </ul>	1,2,3,4,8
	<ul style="list-style-type: none"> <li>• "Take your child to work Day" – Work Experience and reflection</li> </ul>	<ul style="list-style-type: none"> <li>• To experience a day in the life of a parent at work and relate skills to careers</li> </ul>	1,2,3,4,5,6
	<ul style="list-style-type: none"> <li>• Subject linked career talks</li> </ul>	<ul style="list-style-type: none"> <li>• To encourage students to think about the longer term options linked to each of their subjects in order that they are broadening out their longer term ideas and recognising the importance of developing key skills whatever their future plans</li> </ul>	1,2,3,4,5,7
	<ul style="list-style-type: none"> <li>• UHS take over day</li> </ul>	<ul style="list-style-type: none"> <li>• Students take on various roles within the school to experience different types of careers; library, PE department, photography,</li> </ul>	1,2,3,4



# Uxbridge High Careers Programme 2019 -20

		journalist, reception, learning mentor, teach part of a lesson and patrol with a guidance leader	
<b>Spring</b>	<ul style="list-style-type: none"> <li>• Curriculum and Citizenship</li> <li>• icould – Buzz Quiz</li> <li>• What is a CV, how to write a CV</li> <li>• Careers week – assembly/citizenship</li> <li>• Options assembly / Parents evening / Options Evening</li> <li>• Launch of Unifrog</li> <li>• Uxbridge High Careers &amp; Higher Education Fair</li> <li>• Careers guidance meetings</li> </ul>	<ul style="list-style-type: none"> <li>• Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>• To introduce the students to their different personality ad learning styles and to link these to longer term career areas</li> <li>• Students use their identified strengths to put produce a CV</li> <li>• Careers Leader - career awareness</li> <li>• Event for students and parents that outlines the options, explains the rational and offers the chance for questions for the students KS4 choices. Careers advisor and Universities are present</li> <li>• Launch of Unifrog programme so that students can explore their HE options, as well as apprenticeship/school leavers programmes. It also gives them a chance to evidence various competencies and research</li> <li>• Held in school for the day, students gain knowledge about different HE routes and pathways as well as being able to meet a variety of organisations to discuss these options face to face</li> <li>• Referred students will attend a 1:1 or small group support with regards to their specific KS4 options choices. This could be with parents, if requested. It will also be targeted with involvement from the impartial careers advisor</li> </ul>	<p>1,2,3,4</p> <p>1,3,5</p> <p>1,3</p> <p>1,2,3,4</p> <p>1,2,3,4,7,8</p> <p>1,2,3,7</p> <p>1,2,3,4,5,7,8</p> <p>1,2,3,4,8</p>
<b>Summer</b>	<ul style="list-style-type: none"> <li>• Curriculum and Citizenship</li> </ul>	<ul style="list-style-type: none"> <li>• Raise aspirations, improve skills and provide additional information to help inform future decisions</li> </ul>	1,2,3,5,7
<b>General Activities</b>	<ul style="list-style-type: none"> <li>• Assemblies/Tutor time; External FE/HE/Employer events dependant on interest, availability, timings and target student. Where possible, non-traditional speakers will be used to breakdown stereotypes e.g. female engineers, male nurse etc.</li> <li>• PixL Edge – LORIC</li> <li>• Linking subjects to careers</li> </ul>	<ul style="list-style-type: none"> <li>• Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>• This encourages students to access and take ownership of their career development records and maintain a journal of their employability skills</li> <li>• Teachers introduce careers that students could pursue within their subject area</li> </ul>	<p>1,2,3,4,5,7</p> <p>1,2,3,4,7,8</p> <p>1,4</p>



# Uxbridge High Careers Programme 2019 -20

	<ul style="list-style-type: none"> <li>Drop down day's Autumn/Spring &amp; Summer</li> <li>School website</li> </ul>	<ul style="list-style-type: none"> <li>Students take part in various Enterprise and Career workshops run by external agencies</li> <li>The main school website has its own CEIAG page with information on Further Education, Higher Education options, as well as careers information including Labour Market Information</li> </ul>	<p>1,2,3,4,5,8</p> <p>1,2,3,5,7</p>
--	--	--	-------------------------------------

## Year 10

Term	Activity	Purpose	Gatsby Benchmarks
<b>Autumn</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> <li>Careers Advisor Introduction</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>To introduce the school's impartial careers advisor and make students aware of the service they can offer. Group workshops to assist the students in starting to think about their future options, and decisions and who can support them with their decisions</li> </ul>	<p>1,2,3,5,7</p> <p>1,2,3,4,8</p>
	<ul style="list-style-type: none"> <li>UHS take over day</li> </ul>	<ul style="list-style-type: none"> <li>Students take on various roles within the school to experience different types of careers; library, PE department, photography, journalist, reception, learning mentor, teach part of a lesson and patrol with a guidance leader</li> </ul>	<p>1,2,3,4</p>
	<ul style="list-style-type: none"> <li>Aim Higher</li> </ul>	<ul style="list-style-type: none"> <li>A small number of students are identified to be part of an aim higher programme in order to raise their aspirations and give them a better understanding of what is involved in a Russell Group education and what they can do over the next couple of years in order to make a success full application</li> </ul>	<p>1,2,3,4,7</p>
	<ul style="list-style-type: none"> <li>Work Experience</li> </ul>	<ul style="list-style-type: none"> <li>An opportunity for a small group of students to experience a week on work experience, to give students a chance to experience the world of work and understand the key skill needed to succeed. It will also give students a chance to explore some of their career options</li> </ul>	<p>1,2,3,5,7</p>
	<ul style="list-style-type: none"> <li>Unifrog</li> </ul>	<ul style="list-style-type: none"> <li>Students continue to explore their HE options, as well as apprenticeship/school leavers programmes. It also gives them a chance to evidence various competencies and research.</li> </ul>	<p>1,2,3,7</p>
	<b>Spring</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> <li>How to update your CV</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>Students update their current C.V. and identify and gaps. This ensures that the students understand the basics of, and have a good CV for when they leave school</li> </ul>



# Uxbridge High Careers Programme 2019 -20

	<ul style="list-style-type: none"> <li>• Post 16 options</li> <li>• Job Centre Plus (JCP) workshop</li> <li>• Careers week – assembly/citizenship</li> <li>• Uxbridge High Careers &amp; Higher Education Fair</li> <li>• HASBRO Mentoring scheme</li> <li>• Cambridge University trip</li> </ul>	<ul style="list-style-type: none"> <li>• Students are introduced to their Post-16 options via tutor time and assembly</li> <li>• Identified students attend a series of workshops run by JCP to assist with their post 16 options, including apprenticeship information</li> <li>• Careers Leader - career awareness</li> <li>• Held in school for the day, students gain knowledge about different HE routes and pathways as well as being able to meet a variety of organisations to discuss these options face to face</li> <li>• A group of Year 10 students attending a 6 session mentoring programme with employees from HASBRO and attend a world of work visit to their HQ</li> <li>• Aim Higher students attend an information and taster day at Oxford/Cambridge University</li> </ul>	<p>1,2,3,7</p> <p>1,2,3,4,5</p> <p>1,4</p> <p>1,2,3,4,5,7,8</p> <p>1,2,3,4,5,6</p> <p>1,2,3,4,7</p>
<b>Summer</b>	<ul style="list-style-type: none"> <li>• Curriculum and Citizenship</li> <li>• Parents evening – Careers Advisor present</li> <li>• Careers Day drop down day</li> <li>• Interview preparation and mock interview with Year 12</li> </ul>	<ul style="list-style-type: none"> <li>• Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>• Parents have access to careers advisor to speak about Post-16 options</li> <li>• Students participate in several career related and employability workshops</li> <li>• Students attend an interview skills workshop and are then required to complete an application for a job and receive a mock interview</li> </ul>	<p>1,2,3,5,7</p> <p>2,8</p> <p>1,2,3,4,5</p> <p>1,3</p>
<b>General Activities</b>	<ul style="list-style-type: none"> <li>• Assemblies/Tutor time; Assemblies/Tutor time; External FE/HE/Employer events dependant on interest, availability, timings and target students. Where possible, non-traditional speakers will be used to breakdown stereotypes e.g. female engineers, male nurse etc.</li> <li>• PixL Edge – LORIC</li> <li>• Meetings with Careers Advisor</li> <li>• Linking subjects to careers</li> <li>• School website</li> </ul>	<ul style="list-style-type: none"> <li>• Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>• This encourages students to access and take ownership of their career development records and maintain a journal of their employability skills</li> <li>• Referral 1:1 or small groups meetings with the careers advisor</li> <li>• Teachers introduce careers that students could pursue within their subject area</li> <li>• The main school website has its own CEIAG page with information on Further Education, Higher Education options, as</li> </ul>	<p>1,2,3,5,7</p> <p>1,2,3,4,7,8</p> <p>8</p> <p>1,4</p> <p>1,2,3,5,7</p>





# Uxbridge High Careers Programme 2019 -20

		well as careers information including Labour Market Information	
--	--	---	--

## Year 11

Term	Activity	Purpose	Gatsby Benchmarks
<b>Autumn</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> <li>How to update your CV,</li> <li>Post-16 Open evening</li> <li>Parents Evening – careers advisor present</li> <li>Job Centre Plus (JCP) workshop</li> <li>Careers week – assembly</li> <li>External impartial 1:1 meeting with Careers Advisor</li> <li>Study Skills</li> <li>UHS take over day</li> <li>Unifrog</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>Students update their current C.V. and identify and gaps. This ensures that the students understand the basics of, and have a good CV for when they leave school</li> <li>Open evening that provides information on the post-12 provision offered at Uxbridge High. Careers Advisor, Further Education College, Higher Education University and Apprenticeship provided will also be in attendance</li> <li>Additional 1:1 support offered regarding their post-16 choices and longer aspirations</li> <li>Identified students attend a series of workshops run by JCP to assist with their post 16 options, including apprenticeship information</li> <li>Careers Leader - career awareness</li> <li>1:1 careers meetings regarding the students post-16 option choices. This could be with parents, if requested</li> <li>External psychologist works with identified students</li> <li>Students take on various roles within the school to experience different types of careers; library, PE department, photography, journalist, reception, learning mentor, teach part of a lesson and patrol with a guidance leader</li> <li>Students continue to explore their HE options, as well as apprenticeship/school leavers programmes. It also gives them a chance to evidence various competencies and research.</li> </ul>	<p>1,2,3,5,7</p> <p>1,3</p> <p>1,2,3,4,7</p> <p>1,2,3,4,8</p> <p>1,2,3,4,5</p> <p>1,4</p> <p>1,2,3,4,8</p> <p>1,3,8</p> <p>1,2,3,4</p> <p>1,2,3,7</p>
<b>Spring</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> </ul>	1,2,3,5,7



# Uxbridge High Careers Programme 2019 -20

	<ul style="list-style-type: none"> <li>Careers week – assembly/citizenship</li> <li>External impartial 1:1 meeting with Careers Advisor</li> <li>Sixth Form interview</li> <li>Parents/Intervention evening – Careers Advisor present</li> <li>Uxbridge High Careers &amp; Higher Education Fair</li> <li>Study Skills intervention</li> </ul>	<ul style="list-style-type: none"> <li>Careers Leader - career awareness</li> <li>1:1 careers meetings regarding the students post-16 option choices. This could be with parents, if requested</li> <li>1:1 interview with the Sixth Form and Senior Leadership Team for those students that have applied to Uxbridge High Sixth Form</li> <li>Event for students and parents that outlines the options, explains the rational and offers the chance for questions for the students KS4 choices. Careers advisor and Universities are present</li> <li>Held in school for the day, students gain knowledge about different HE routes and pathways as well as being able to meet a variety of organisations to discuss these options face to face</li> <li>External psychologist works with identified students</li> </ul>	<p>1,4 1,2,3,4,8</p> <p>1,3,8</p> <p>1,3,4</p> <p>1,2,3,4,5,7,8</p> <p>1,3</p>
<b>Summer</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> <li>Career meetings with students needing further assistance with college/apprenticeship applications</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>Career meetings to ensure that all students have a secure further educational destination</li> </ul>	<p>1,2,3,5,7</p> <p>3,8</p>
<b>General Activities</b>	<ul style="list-style-type: none"> <li>Assemblies/Tutor time; Assemblies/Tutor time; External FE/HE/Employer events dependant on interest, availability, timings and target students. Where possible, non-traditional speakers will be used to breakdown stereotypes e.g. female engineers, male nurse etc.</li> <li>PixL Edge – LORIC</li> <li>National Citizen Service</li> <li>Linking subjects to careers</li> <li>School website</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>This encourages students to access and take ownership of their career development records and maintain a journal of their employability skills</li> <li>Students have the opportunity to join a programme that opens them up to discovering who they are and what they can do</li> <li>Teachers introduce careers that students could pursue within their subject area</li> <li>The main school website has its own CEIAG page with information on Further Education, Higher Education options, as</li> </ul>	<p>1,2,3,5,7</p> <p>1,2,3,4,7,8</p> <p>1,3,5</p> <p>1,4,</p> <p>1,2,3,5,7</p>



# Uxbridge High Careers Programme 2019 -20

		well as careers information including Labour Market Information	
--	--	---	--

## Year 12

Term	Activity	Purpose	Gatsby Benchmarks
Autumn	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> <li>London Skills Careers Event</li> <li>Oxbridge Programme</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>Student attend a Further/Higher education, career and apprenticeship expedition to explore their post-18 options</li> <li>A small number of students are identified to be part of the Oxbridge programme in order to raise their aspirations and give them a better understanding of what is involved in Russell Group education and what they can do in order to make a success full application. They also attend Oxford and Cambridge University insight days</li> </ul>	1,2,3,4
	<ul style="list-style-type: none"> <li>University taster days</li> </ul>	<ul style="list-style-type: none"> <li>Student attend at least two Universities of their choice to gain an insight to University life, expectations and requirements</li> </ul>	1,2,3,4,7
	<ul style="list-style-type: none"> <li>Unifrog</li> </ul>	<ul style="list-style-type: none"> <li>Students continue to explore their HE options, as well as apprenticeship/school leavers programmes. It also gives them a chance to evidence various competencies and research.</li> </ul>	1,2,3,4,7
	<ul style="list-style-type: none"> <li>Work Experience</li> </ul>	<ul style="list-style-type: none"> <li>Students experience a week on work experience. It gives students a chance to experience the world of work and understand the key skills needed to succeed. It will also give students a chance to explore some of their career options</li> </ul>	1,2,3,5,7
	<ul style="list-style-type: none"> <li>Transition workshop</li> </ul>	<ul style="list-style-type: none"> <li>An external organisation works with the students on how to transition from Year 11 to 12, in regards to working independently, utilising time and independent research</li> </ul>	1,3,5
	<ul style="list-style-type: none"> <li>Employability workshop</li> </ul>	<ul style="list-style-type: none"> <li>An external organisation works with the students on what an employer is looking for in an employee</li> </ul>	1,3,5
	<ul style="list-style-type: none"> <li>Career insight days</li> </ul>		1,3,5,6



# Uxbridge High Careers Programme 2019 -20

		<ul style="list-style-type: none"> <li>Students attend various external organisations to gain an insight to careers options</li> </ul>	
<b>Spring</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> <li>Careers week – assembly/citizenship</li> <li>Careers meetings with Careers Advisor</li> <li>Oxbridge Programme</li> <li>University taster days</li> <li>Work Experience</li> <li>Unifrog</li> <li>Career insight days</li> <li>Interview skills workshop</li> <li>Parents evening – Careers Advisor present</li> <li>UCAS Convention</li> <li>Uxbridge High Careers &amp; Higher Education Fair</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>Careers Leader - career awareness</li> <li>1:1 careers meetings regarding the students post-18 option choices. This could be with parents, if requested</li> <li>A small number of students are identified to be part of the Oxbridge programme in order to raise their aspirations and give them a better understanding of what is involved in Russell Group education and what they can do in order to make a success full application. They also attend Oxford and Cambridge University insight days</li> <li>Student attend at least two Universities of their choice to gain an insight to University life, expectations and requirements</li> <li>Students experience a week on work experience. It gives students a chance to experience the world of work and understand the key skills needed to succeed. It will also give students a chance to explore some of their career options</li> <li>Students continue to explore their HE options, as well as apprenticeship/school leavers programmes. It also gives them a chance to evidence various competencies and research.</li> <li>Students attend various external organisations to gain an insight to careers options</li> <li>An external organisation works with the students to prepare them for interviews for employment/apprenticeship and university</li> <li>Additional 1:1 support offered regarding their post-16 choices and longer aspirations</li> <li>Students gain an insight into Higher Education options by talking face to face with representatives from Universities</li> <li>Held in school for the day, students gain knowledge about different HE routes and pathways as well as being able to meet a variety of organisations to discuss these options face to face</li> </ul>	<p>1,2,3,5,7</p> <p>1,4 1,2,3,4,8</p> <p>1,2,3,4,7</p> <p>1,3,7</p> <p>1,2,3,5,7</p> <p>1,2,3,7</p> <p>1,3,5,6</p> <p>1,3,5</p> <p>1,2,4,8</p> <p>1,2,3,7</p> <p>1,2,3,4,5,7,8</p>



# Uxbridge High Careers Programme 2019 -20

	<ul style="list-style-type: none"> <li>Careers meetings with Careers Advisor</li> <li>Job Centre Plus (JCP) workshop</li> </ul>	<ul style="list-style-type: none"> <li>1:1 careers meetings regarding the students post-18 option choices. This could be with parents, if requested</li> <li>Identified students attend a series of workshops run by JCP to assist with their post 18 options, including apprenticeship information</li> </ul>	<p>1,3,8</p> <p>1,2,3,4,5</p>
<b>Summer</b>	<ul style="list-style-type: none"> <li>Curriculum and Citizenship</li> <li>Unifrog</li> <li>Oxbridge Programme</li> <li>UCAS drop down day</li> <li>UCAS Personal statement preparation workshops</li> <li>University taster days</li> <li>Career insight days</li> <li>Careers meetings with Careers Advisor</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>Students continue to explore their HE options, as well as apprenticeship/school leavers programmes. It also gives them a chance to evidence various competencies and research. They start to write their personal statement and collate their teacher references</li> <li>A small number of students are identified to be part of the Oxbridge programme in order to raise their aspirations and give them a better understanding of what is involved in Russell Group education and what they can do in order to make a successful application.</li> <li>External organisations including Alumni, Apprenticeship Service and Further Education representatives work with students to look at their post-18 options and personal statement</li> <li>Student work on their personal statements for University</li> <li>Students attend at least two Universities of their choice to gain an insight to University life, expectations and requirements</li> <li>Students attend various external organisations to gain an insight to careers options</li> <li>1:1 careers meetings regarding the students post-18 option choices. This could be with parents, if requested</li> </ul>	<p>1,2,3,5,7</p> <p>1,2,3,7</p> <p>1,2,3,4,7</p> <p>1,2,3,5,7</p> <p>1,3</p> <p>1,3,7</p> <p>1,3,5,6</p> <p>1,2,3,4,8</p>
<b>General Activities</b>	<ul style="list-style-type: none"> <li>Assemblies/Tutor time; Assemblies/Tutor time; External FE/HE/Employer events dependant on interest, availability, timings and target students. Where possible, non-traditional speakers will be used to breakdown stereotypes e.g. female engineers, male nurse etc.</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> </ul>	<p>1,2,3,5,7</p>



# Uxbridge High Careers Programme 2019 -20

	<ul style="list-style-type: none"> <li>• PixL Edge – LORIC</li> <li>• National Citizen Service</li> <li>• Linking subjects to careers</li> <li>• School website</li> </ul>	<ul style="list-style-type: none"> <li>• This encourages students to access and take ownership of their career development records and maintain a journal of their employability skills</li> <li>• Students have the opportunity to join a programme that opens them up to discovering who they are and what they can do</li> <li>• Teachers introduce careers that students could pursue within their subject area</li> <li>• The main school website has its own CEIAG page with information on Further Education, Higher Education options, as well as careers information including Labour Market Information</li> </ul>	<p>1,2,3,4,7,8</p> <p>1,3,5</p> <p>1,4</p> <p>1,2,3,5,7</p>
--	--	--	---

## Year 13

Term	Activity	Purpose	Gatsby Benchmarks
<b>Autumn</b>	<ul style="list-style-type: none"> <li>• Curriculum and Citizenship</li> </ul>	<ul style="list-style-type: none"> <li>• Raise aspirations, improve skills and provide additional information to help inform future decisions</li> </ul>	1,2,3,4
	<ul style="list-style-type: none"> <li>• Post 18 clinics and UCAS application support</li> </ul>	<ul style="list-style-type: none"> <li>• Extensive 1:1 guidance and support is offered to all of the Year 13 students in order to make a competitive application to the universities of their choice</li> </ul>	1,2,3,7
	<ul style="list-style-type: none"> <li>• Mock Interviews</li> <li>• Unifrog</li> </ul>	<ul style="list-style-type: none"> <li>• 1:1 mock interviews offered to assist with post-18 destinations</li> </ul>	1,3,7
	<ul style="list-style-type: none"> <li>• Higher Education workshop</li> </ul>	<ul style="list-style-type: none"> <li>• Students continue to explore their HE options, as well as apprenticeship/school leavers programmes. It also gives them a chance to evidence various competencies and research. Use to finish their personal statements and collate their teacher references</li> </ul>	1,2,3,7
	<ul style="list-style-type: none"> <li>• Careers meetings with Caress Advisor – those that have not applied to University</li> </ul>	<ul style="list-style-type: none"> <li>• A representative from a Higher Education institute provide information on Higher Education options</li> </ul>	1,3,7,8
<b>Spring</b>	<ul style="list-style-type: none"> <li>• Curriculum and Citizenship</li> </ul>	<ul style="list-style-type: none"> <li>• 1:1 careers guidance for those students that have not yet confirmed post 18 education/training/employment/apprenticeship placements</li> </ul>	1,3,8
	<ul style="list-style-type: none"> <li>• Student finance talk</li> </ul>	<ul style="list-style-type: none"> <li>• Raise aspirations, improve skills and provide additional information to help inform future decisions</li> </ul>	1,2,3,5,7



# Uxbridge High Careers Programme 2019 -20

	<ul style="list-style-type: none"> <li>Careers week – assembly/citizenship</li> <li>Careers meetings with Caress Advisor – those that have not applied to University</li> </ul>	<ul style="list-style-type: none"> <li>Students are provided with information from Brunel University on how to apply for student finance and how to ensure that their money is spent well whilst at University</li> <li>Careers Leader - career awareness</li> <li>1:1 careers guidance for those students that have not yet confirmed post 18 education/training/employment/apprenticeship placements</li> </ul>	<p>1,4</p> <p>1,3,8</p>
<b>Summer</b>	<ul style="list-style-type: none"> <li>HE-clearing and adjustment advice workshop</li> <li>Career meetings</li> <li>Year 13 follow up work</li> </ul>	<ul style="list-style-type: none"> <li>Information workshop to ensure students are aware of their options if they need to go through clearing or adjustment</li> <li>Review meetings with students that require additional help with their post-18 options</li> <li>Telephone calls throughout the summer and into the New academic year, in order to confirm the destinations of all students.</li> </ul>	<p>1,3</p> <p>1,3,8</p> <p>1,3</p>
<b>General Activities</b>	<ul style="list-style-type: none"> <li>Assemblies/Tutor time; Assemblies/Tutor time; External FE/HE/Employer events dependant on interest, availability, timings and target students. Where possible, non-traditional speakers will be used to breakdown stereotypes e.g. female engineers, male nurse etc.</li> <li>PixL Edge – LORIC</li> <li>Linking subjects to careers</li> <li>Careers meetings with Caress Advisor</li> <li>School website</li> </ul>	<ul style="list-style-type: none"> <li>Raise aspirations, improve skills and provide additional information to help inform future decisions</li> <li>This encourages students to access and take ownership of their career development records and maintain a journal of their employability skills</li> <li>Teachers introduce careers that students could pursue within their subject area.</li> <li>If students require further assistance with their Post-18 options</li> <li>The main school website has its own CEIAG page with information on Further Education, Higher Education options, as well as careers information including Labour Market Information</li> </ul>	<p>1,2,3,5,7</p> <p>1,2,3,4,7,8</p> <p>1,4</p> <p>1,3,8</p> <p>1,2,3,5,7</p>

## All Year group clubs

Art
Drama
Geography
History



# Uxbridge High Careers Programme 2019 -20

Maths
Music
Reading
Science