

May 2022

Dear Parent

### **Sports Day 2022**

As you may be aware, the school's sports day is taking place on Thursday, 26<sup>th</sup> May and will take place at Hillingdon Athletics Track. This letter is intended to give you all of the details relating to how the day will run.

If your child is taking part in any athletics events, they need to ensure they come into school in full UHS PE kit or UHS t-shirt and plain black tracksuit bottom or shorts. They also need to ensure that they bring plenty of fluids, sun-cream and a hat in case of hot weather, as although there is an athletics stand, there may not be enough room for all form groups to sit in this area. For this reason, students will need to ensure that they are wearing hats, applying sun-cream and keeping up their fluid levels by drinking plenty of water.

**If you do not want your child to attend this off site event, they will be accommodated at school. Please contact the school via email at [office@uhs.org.uk](mailto:office@uhs.org.uk).**

A packed lunch is required for the day. All students who are eligible for a free school meal will be provided with a packed lunch. However, if possible, all other students should bring their own lunch and as previously mentioned, plenty of water is essential.

If your child suffers from asthma, or any other condition requiring medication, please ensure that they have their inhalers/medication with them on the day, even if they are not competing.

Students will attend school as normal for registration. Students in Year 7 and 9 will be taken to the Hillingdon Athletics track by coach and Year 8 students will be escorted to the track by staff. The event is expected to finish at approximately 2.30pm and students will be dismissed from the track. If you would prefer your child to be taken back to school, please notify the school either on 01895 234060 or email [office@uhs.org.uk](mailto:office@uhs.org.uk) by Wednesday, 18<sup>th</sup> May.

Parents are allowed to attend the event and watch as a spectator but please be aware if you are driving and parking you need to use the pay and display parking meters, otherwise you will be liable to get a parking ticket. We also ask that your child stays with their designated group and do not stand and watch the event with you.

This will be a fantastic and enjoyable day providing all students adhere to and meet our expectations. Therefore, we expect all students to wear **full UHS PE kit** whenever they are competing. Consequently, students should arrive to school wearing the correct UHS kit. Any student who does not adhere to this will not be allowed to take part in the athletics events and will instead be asked to help with alternative activities at the Hillingdon track.

If your child does not sign themselves up for an athletics event, they will be given the opportunity to sign up for other engaging activities delivered to complement the sports events.

If your child refuses to take part in these activities or does not attend in **full school uniform**, they will unfortunately be required to stay on school site and complete work in a classroom. We very much hope this won't be the case as the day has been designed to ensure all students benefit.

Principal: Nigel Clemens BSc, MA

The Greenway, Uxbridge, Middlesex UB8 2PR t: 01895 234060 f: 01895 256738 e: [office@uhs.org.uk](mailto:office@uhs.org.uk) w: [www.uhs.org.uk](http://www.uhs.org.uk)

Finally, to celebrate the Queen's jubilee we also invite students to wear red, white and blue accessories. This can be socks, ribbons, head bands or hair pieces, we encourage students to be as creative as possible.

If I can be of any further assistance or you have any questions at all then please do not hesitate to contact me at the school on 01895 234 060 or email me on: [temery@uhs.org.uk](mailto:temery@uhs.org.uk)

Yours sincerely

**T Emery**  
**Curriculum Leader – PE**